



HOPE
CLINIC
for women

2015 YEAR IN REVIEW





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“In this season with a large focus on affordable healthcare for women, people are looking for a safe alternative. Point them to us.”

We believe our Annual Report is more than just facts and figures. Beyond every statistic and every number is a real person. This report is a celebration of these courageous women and men who walk in our doors and entrust us with one of the most delicate seasons of their life. It is a celebration of the volunteers who come here with joy and mercy in their hearts ready to pour into the lives of strangers. And it is a celebration of the nearly 2,000 people who financially support Hope Clinic so the precious clients can receive our care without worry about how they will pay for their services.

So many amazing things happen for our clinic that can hardly be contained to these few pages. The smiles, the hugs, and the ‘thank yous’ that our staff and volunteers receive cannot be quantified with words. It is the intangible knowledge that you have changed someone’s life for the better.

In this past fiscal year, we accomplished a significant task of renovating our 100-year-old historic building with much needed repairs that included a new roof, porches, kitchens, bathrooms and a fresh coat of paint. If you have not visited the clinic this year, please contact me to do so. This place is more like a home to our clients and a big part of why they feel so safe here.

The Board of Directors, along with the staff, continued to keep our mission the ‘main thing’, follow through on our strategic plans, and operate with efficient financial stewardship by girding all of it with prayer, wisdom and discernment. We are thankful for our past, walk faithfully in the present and try to plan what is best for our future.

Many of you are a part of this celebration, and maybe others of you are considering partnering with us. This report is simply one reference point. We also have many client stories available to read. Their stories are not easy. Every year I realize more clearly how brave these people really are. Whether you are checking us out for the first time or have been with us from the beginning, I hope this report is just one step of connecting with us.

Sincerely,



Renée Rizzo
President/CEO

RRizzo@hopeclinicforwomen.org



Since 1983, Hope Clinic for Women has been a safe and confidential place for women (and men) who need hope and real help regardless of age, race, religion or ability to pay.

OUR MISSION

Hope Clinic provides a safe and confidential place for women, men and families dealing with unplanned pregnancies, prevention, pregnancy loss and postpartum depression. We provide medical care, professional counseling, education, spiritual mentorship and practical support regardless of age, race, religion or ability to pay.

"I have enjoyed having someone who is just there to listen to my story. I feel like I am a new person because of what Hope does."



OUR SERVICES

PREGNANCY

Pregnancy tests, Options counseling*, Unplanned pregnancy counseling and Mentoring (Female, male, couples, parents), Limited ultrasounds, Prenatal education, Bridge-educational program in exchange for material assistance, Referral services and New moms groups.

**We do not perform or refer for abortions.*

PREVENTION

Full annual physicals and full women's well-care visits including Pap testing, STD (including HIV) testing, treatment and education, Healthy relationship & abstinence education and Professional counseling for individuals, couples, youth leaders and parents dealing with relationship related issues**.

PROFESSIONAL COUNSELING

Pregnancy loss (Miscarriage, stillbirth, infant death, abortion, failed IVF, failed adoption, etc.) and Postpartum depression (PPD)**.

***Medication for treatment of anxiety and depression prescribed as necessary.*

"I have improved a lot. I used to think about a lot of problems all at one time. I feel so much better here, where I have a lot of support and help."

CLIENT PROGRAM OUTCOMES

"Very helpful and informative. Made me very comfortable. All questions were answered and I didn't feel rushed. Everyone was really nice and they all wore smiles!"

"Hope Clinic helps in so many ways to count. From the counseling services to medical services just being able to have such a great mentor and support. I really appreciate everything. You guys are really doing a great job!"

1,200+

Clients served onsite
(totaling 3,300+ visits)

3%

Total operating costs that are covered by client fees

11,000+

People reached in the community

300+

Babies born this past year through Hope Clinic

CLIENT SURVEY RESULTS:

Felt they were treated with respect & honesty	100%
Would refer Hope Clinic to a friend	100%
Would return for follow-up visits	100%
Felt more informed of their options	100%
Would make healthier life choices	98%

PREGNANCY SERVICES

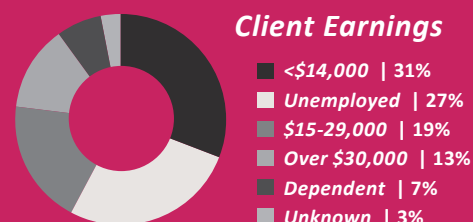
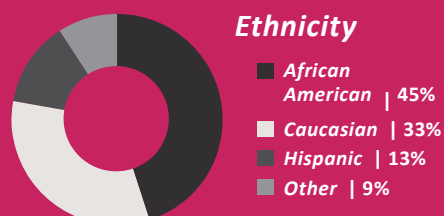
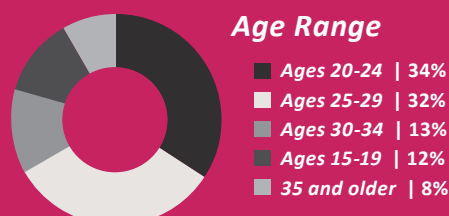
"Hope Clinic helped me feel prepared both emotionally through pregnancy classes and talks as well as physically through the maternity/baby shop. I love the feeling of support I have here."

568

New women came in for
Pregnancy services

- 80% of the positive test clients came back for follow-up care or follow-up services.
- 36% entered our Bridge Program (taking classes, meeting with mentor, counseling sessions in exchange for maternity and baby items).
 - 695 mentor and counseling sessions were completed
 - 223 participated in education classes
- 90% of clients chose to carry and parent.

DEMOGRAPHICS



PREVENTION & OUTREACH

"Thank you so much for your services and commitment to helping low-income women! We felt very comfortable here"

"Hope Clinic has helped me cope with different things I had going on with myself."

579

Women received Pap testing and STD testing/treatment (another 286 received medical consultations for various needs).

1,042

Youth and parents were educated on abstinence/prevention at over 18 locations (topics included healthy body image/relationships, social media, pornography, stds, unplanned pregnancies).

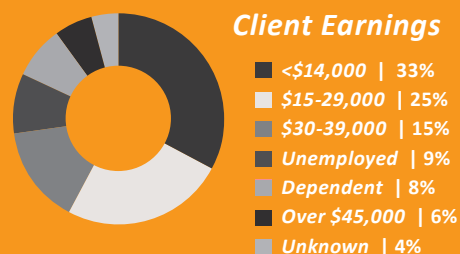
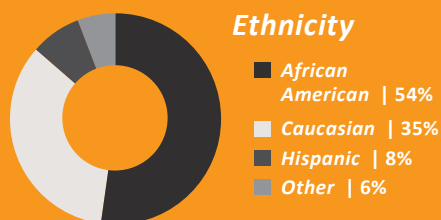
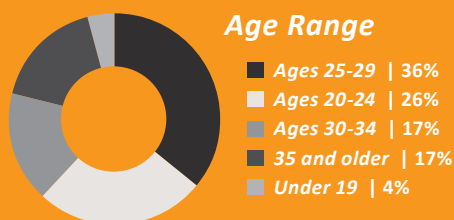
7,907

People were educated about overall services at 40 locations.

971

Young adults and adults received education and support at locations related to new mom's issues, postpartum depression, pregnancy loss, sexual assault and other adult relationship issues.

DEMOGRAPHICS



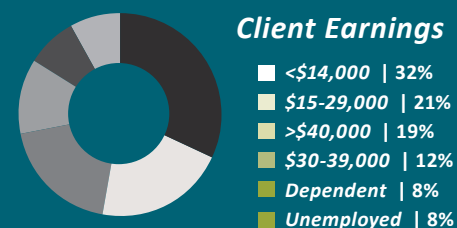
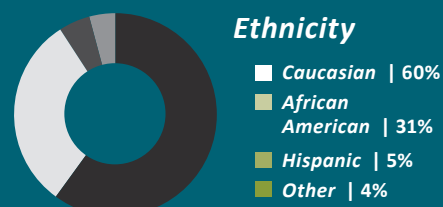
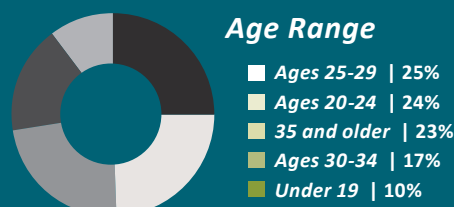
GRIEF CARE/ COUNSELING

147

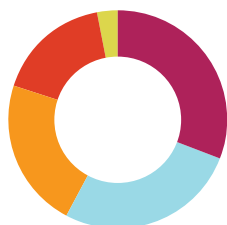
People came in for counseling completing 716 counseling sessions.

Counseling included pregnancy loss (miscarriage, stillbirth, infant death, abortion, failed IVF, failed adoption, etc), postpartum depression, related women, men and couples counseling (including sexual addiction, pornography, and infidelity).

DEMOGRAPHICS



FINANCIALS



- Individuals | 31%
- Local Foundations/Grants | 27%
- Fundraising Events | 22%
- Churches | 17%
- Client Fees | 3%

\$800,000

Cash-based donations received

2,000

Number of unique donors

\$60,000

In donated maternity and baby items to pregnant clients

5,000+

Volunteer hours donated

PARTNERS IN THE COMMUNITY*

PREVENTION

- 61st Ave UMC
- Bethlehem Centers
- Boys and Girls Club
- Christ Presbyterian Academy
- Delta Sigma Theta
- Salama Urban Ministries
- Father Ryan High School
- First Apostolic Church
- Franktown Open Hearts
- Harvest Hands
- Margaret Maddox YMCA
- Martha O'Bryan Center
- Nashville Christian School
- Rolling Hills Community Church: The Path Project
- Pope JP II HS
- Youth Encouragement Services
- St. Luke's
- YCAP
- YODA

COUNSELING

- Andrew Jackson Housing Complex
- Antioch High School
- Belmont University Athletic Department
- FIMR Bereavement Conference
- First Presbyterian Church
- Lipscomb University Athletic Department
- Safe Sleep Event
- St. Thomas Midtown
- Women's Medical Associates

AGENCY/OUTREACH

- Antioch High School
- Catholic Women of Faith Conference
- HCA
- Caring for the Community Fair
- K-LOVE Single Moms' Event
- Lutheran Women's Missionary League

- MNPS Social Worker Inservice Meeting
- Our Lady of the Guadalupe Knights of Columbus
- Pearl Cohn Community Partners Meeting
- Southeast Health Fair (Glenclyff and Antioch HS)
- St. Henry RCIA Class
- Towne Centre Theatre
- Vanderbilt Pathways to Public Service Fair
- Volunteer Appreciation Picnic
- Woodmont Baptist Knit Wits

COMMUNITY ORGANIZATIONS

- Bethlehem Center
- Cheatham County Schools
- Department of Children's Services
- Faith Family Medical Center
- Fannie Battle Day Home for Children
- Father Ryan High School
- Fellowship Homeschool Connection
- Healthy Families in Middle Tennessee
- Margaret Maddox YMCA
- Martha O'Bryan Center
- Mercy Community Healthcare
- Preston Taylor Ministries
- Safe Haven Family Shelter
- Sexual Assault Center
- St. Joseph Catholic School
- TSU Baby Shower
- Who U With? Ministries (Vanderbilt Athletes)
- YEP College Access Now (TSU & Boys and Girls Club)
- Youth Overcoming Drug Addiction

CHURCHES

Hope Clinic partners with nearly 100 churches that cross denominational lines.



UNIVERSITY INTERNSHIPS

- Belmont University
- Lipscomb University
- Middle Tennessee State University
- Tennessee State University
- Trevecca University
- University of Tennessee
- Vanderbilt University

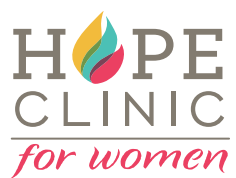
HOSPITALS

- HCA/Tri-Star
- St. Thomas Health Services
- Vanderbilt University Medical Center
- Williamson County Medical Center

ASSOCIATIONS

- Center for Nonprofit Management
- GivingMatters.com, an initiative of The Community Foundation of Middle Tennessee.

Please contact us for ways to partner with your business, church, small group, book club or individually as a volunteer or donor at 615-321-0005.



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Nashville, TN 37203

615.321.0005
hopeclinicforwomen.org

