



EUNIQUA'S STORY:

At 16 I was considered a 'good kid'. I was doing well in school and on a few sports. I had plans for college and my family was proud of me.



THE FACTS:

An unplanned pregnancy crosses all socio-economic backgrounds.



OUR SERVICES:

Our services assume ANYONE can become a client and this allows us to serve a wide demographic across all backgrounds and belief systems.



Just after I turned 16, I found out I was pregnant. The father was my best friend's brother and the first person I had ever been with. I never thought I would get pregnant. That's something you hear about with other girls, but it wasn't supposed to happen to me. I believed it so much that we did not use any form of birth control.



Nearly 80% of clients admit they did not use any form of birth control.



Our Prevention education focuses on young adults understanding the facts on these issues, but more specifically we equip them to make healthier choices.



I found out I was pregnant at about 8 weeks. It took 3 pregnancy tests before it felt real. I called the father right away, and of course, he flipped out. He was 17. He was scared and just hung up. After he calmed down, he called me back and asked me to have an abortion and threatened to tell my mom.



90% of the time the father of the baby does not remain in the picture. BUT 60% of young men today are growing up without a father figure, so he simply is not skilled to deal with this.



We have male therapists and mentors on staff to speak directly to the young man. We want him to know it's a safe place for him too.

A SAFE PLACE FOR TOUGH CHOICES

Established in 1983, we equip women, men and families to make healthy choices with unplanned pregnancies, prevention, pregnancy loss and postpartum depression.

CLIENT SURVEY RESULTS:

- 100% felt like they were treated with respect.
- 100% would return for further services.
- 96% commit to making healthier life choices.
- 99% would recommend Hope Clinic for Women to a friend.

OUR SERVICES:

PREGNANCY:

Pregnancy tests, Options counseling*, Unplanned pregnancy counseling and Mentoring (female, male, couples, parents), Limited ultrasounds, Prenatal education, Bridge-educational program in exchange for material assistance, Referral services, and New moms groups.

**WE DO NOT PERFORM OR REFER FOR ABORTIONS.*

PREVENTION:

Pap testing, STD (including HIV) testing, Treatment and education, Healthy relationship & abstinence education, and Professional counseling for young adults, youth leaders, and parents.

PROFESSIONAL COUNSELING:

Pregnancy loss (miscarriage, stillbirth, infant death or abortion), Female & male related issues, Postpartum depression, and Medication for treatment of anxiety and depression.



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E I knew I had to call my mother. So, I did. When I told her, she just began to weep. A few days later she had to be admitted to the hospital and I took care of my brothers and sisters. While mom was in the hospital, my aunt pushed her to force me to have an abortion. She even offered to pay for it.

F Many times the pressure to abort a child is from all sides. Even people who are Christians who say they are 'pro-life' consider abortion when the crisis is facing them. Fear compels us to make choices we would not make otherwise.



Our parenting education teaches moms and dads on how to begin conversations with their children and how to best handle the situation if the crisis happens. We also offer free family counseling during the pregnancy to help the entire unit walk through this.

E I grew up in the church, and I knew that I wanted to have this baby. We went to Planned Parenthood, but I knew I wouldn't go through with it. In the back of my mind, I always knew I was going to raise my baby, so I started preparing myself.

F Tennessee just passed the law to require a 48-hour waiting period after a woman first sees a provider about an abortion. We think this is valuable time to reflect and gather more information.



Our main goal at Hope Clinic in the initial stages is to get clients to slow down and inform them of all the ways we can support them so they do not make a rushed decision. We provide detailed information about all their options.



I'm grateful to Hope Clinic for always being there for me these last two years. They made me feel loved when I really didn't feel loved at all. -Euniqua's video message

E Once my mom understood where I was at, she knew she needed to support me. She heard about Hope Clinic for Women and came with me to my first appointment. As soon as I got here, the staff helped me get connected to their Pregnancy Bridge program. There, I connected to my professional counselor and my mentor while I took classes to help prepare me in exchange for points to use in their maternity/baby store for all the stuff I knew I needed.

F In a recent Yahoo online survey, 50% of pro-choice women stated they would have not had the abortion if they had a support system in place.



Over one third of our incoming pregnant clients take advantage of this Bridge Program that provides free counseling, mentoring, education classes on a variety of topics in exchange for donated maternity/baby items. They can stay with this program up to six months through one year after delivery.

E A lot of my close friends were really happy for me, but of course, a lot of friends wouldn't talk to me and some people talked about me behind my back. Thankfully, my teachers were really helpful and made sure I was passing all my classes. During my pregnancy with Nikhel, I developed peripartum cardiomyopathy, a rare disorder in which my heart was weakened and enlarged. Because of my disorder, I had to stop all sports. For my Senior Capstone project and essay, I decided to focus on the topic of single motherhood. I wanted to learn what I could so my son can rise up and we can both be successful. As part of the project, I wrote on the effects of being a single parent on success and spent several hours volunteering at Hope Clinic.

F We all know that when we are in the midst of a struggle, we discover who our real support system is.



Most women can survive one unplanned pregnancy and still dream and become productive people. Our program is designed to make those dreams a reality.

E I just graduated high school and I'm working part-time at the Marriott. This fall, I will begin classes in the engineering program at Middle Tennessee State University. They offer free childcare for their students, which was a major factor in choosing to go there. It's also close to my family and my support system. Nikhel's father also recently moved to Murfreesboro, and while he currently doesn't play a large role in his son's life, I hope that one day they can be close.

F An unplanned pregnancy does not have to end a woman's life. It IS a big change. It IS hard work, but it IS possible to continue to do great things.



We reminded Euniqua that Hope Clinic will be a part of her life as long as she needs it. As she works on her relationship with the father of the baby, we will continue to offer counseling and support to make that transition as smooth as possible. Our goal is to have two healthy people co-parenting this precious child.



A message from Euniqua

Use the the QR code to view the video.

