



HOPE CLINIC *for women*

2016 YEAR IN REVIEW





- 3** Letter from CEO
- 4** Our Mission & Services
- 5** Client Program Outcomes
& Pregnancy Services
- 6** Prevention & Outreach
Counseling Services
- 7** Financials &
Community Partners



Dear Supporters,

Throughout the year we try to weave stories and pictures from our clients, volunteers and staff so that those of you supporting Hope Clinic see the heart of our agency. For many of us, it answers the big question 'Why Hope Clinic?' But, we also know the importance of taking a step back to look at the bigger picture which includes evaluating how the programs are doing overall and review in aggregate our accomplishments. Welcome to this year's Annual Report.

Hope Clinic has been around for over 33 years and we have seen a lot of change, in particular on the topic of unplanned pregnancies. While many things remain the same; we have seen in the last 8 years a real shift in the way clients communicate, what they already know before they contact us, what goes into their decision process and how they are impacted days, weeks, months, and years later. It has required us to adapt in the way we reach out to clients, respond to them, how we educate and support them and what kind of care we need to provide; while continuing to honor all life.

In our Pregnancy Services Program, we are incorporating the use of ACES assessments to better understand the underlying issues of clients. This allows us to better prepare the treatment plan for her. What we have learned most, is that the clients who invest at least a year into the classes, counseling and care we offer, have the best chance for success. Their stories are not easy and there is no quick solution to creating healthy moms/babies.

In our Prevention Program we added a full well-care visit. Our fees are lower than other agencies around but still include a full visit with our Nurse Practitioner. Healthcare for women IS affordable and available from a variety of places in Middle Tennessee and we are one of them!

Our Counseling Program is the place where women and men deal with tough topics like pregnancy loss, postpartum depression, sexual addiction, pornography and other relationship related issues that can prevent people from moving towards health and hope.

Each year over 1,200 women and men receive care onsite. Less than 4% of our budget comes from the fees we charge clients, making our relationship with volunteers and donors so critical. If you have supported us, thank you! If you are considering it, may this report be the first step to learning more about us. I would also love to meet with any of you for a tour and to answer any questions.

Sincerely,



Renée Rizzo
President/CEO

RRizzo@hopeclinicforwomen.org



Since 1983, Hope Clinic for Women has been a safe and confidential place for women (and men) who need hope and real help regardless of age, race, religion or ability to pay.

OUR MISSION

Hope Clinic provides a safe and confidential place for women, men and families dealing with unplanned pregnancies, prevention, pregnancy loss and postpartum depression. We provide medical care, professional counseling, education, spiritual mentorship and practical support regardless of age, race, religion or ability to pay.

"I have enjoyed having someone who is just there to listen to my story. I feel like I am a new person because of what Hope Clinic does."



OUR SERVICES

PREGNANCY

Pregnancy tests, Options counseling*, Unplanned pregnancy counseling and Mentoring (Female, male, couples, parents), Limited ultrasounds, Prenatal education, Bridge-educational program in exchange for material assistance, Referral services and New moms groups.

**We do not perform or refer for abortions.*

PREVENTION

Full annual physicals and full women's well-care visits including Pap testing, STD (including HIV) testing, treatment and education, Healthy relationship & abstinence education and Professional counseling for individuals, couples, youth leaders and parents dealing with relationship related issues**.

PROFESSIONAL COUNSELING

Pregnancy loss (Miscarriage, stillbirth, infant death, abortion, failed IVF, failed adoption, etc.) and Postpartum depression (PPD)**.

***Medication for treatment of anxiety and depression prescribed as necessary.*

"I feel like I have a place to go to for help and resources for me and my family. I've already referred a friend here and shared about this place on Facebook."

CLIENT PROGRAM OUTCOMES

"Hope Clinic allowed me to be more open. I am able to talk about difficult situations that I've always bottled up."

"I'm more educated than I was when I first came in and I'm more motivated."

"Hope Clinic gives me something to look forward to. I enjoy coming here and processing with the staff members. Being in the Pregnancy Bridge Program makes me feel more prepared for motherhood."

1,300

Clients served onsite

15,000+

People reached in the community

3%

Total operating costs that are covered by client fees

300+

Babies born this past year through Hope Clinic

CLIENT SURVEY RESULTS:

Felt they were treated with respect & honesty	100%
Would refer Hope Clinic to a friend	100%
Would return for follow-up visits	100%
Felt more informed of their options	99%
Would make healthier life choices	96%

PREGNANCY SERVICES

"My experience has been spiritual. In the worst moments of my life, you were here for me. I can never thank you enough."

660

New women came in for Pregnancy services

- Two thirds of the positive test clients came back for follow-up care
- Following the ultrasound 91% intended to carry

DEMOGRAPHICS



Age Range

- Ages 20-24 | 33%
- Ages 25-29 | 32%
- Ages 30-34 | 16%
- Under 19 | 12%
- 35 and older | 7%



Ethnicity

- African American | 47%
- Caucasian | 32%
- Hispanic | 12%
- Other | 9%



Client Earnings

- <\$14,000 | 31%
- \$15-29,000 | 21%
- Unemployed | 20%
- Over \$30,000 | 16%
- Dependent | 7%
- Unknown | 5%

PREVENTION & OUTREACH

"I love knowing there is a place I can go and feel safe."

"This has been life changing. In only 5 weeks, I feel like a new person who is more at peace and confident about the unplanned events to come."

500

Women received medical visits which included STD testing, annual exam and breast exam, consultations and retests

14,000+

People were educated about overall services at 25 locations

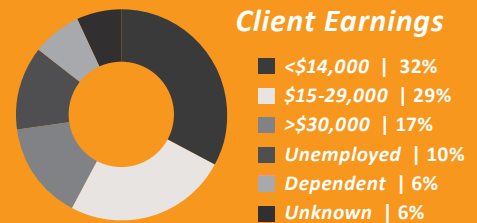
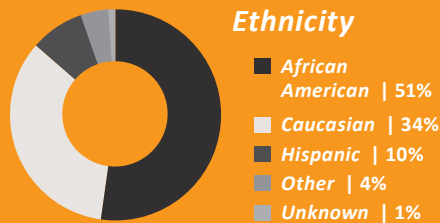
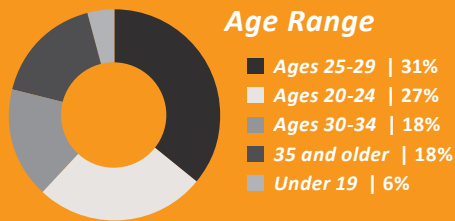
1,000+

Youth and parents were educated on abstinence/prevention at 15 locations (topics included healthy body image/relationships, social media, pornography, STDs, unplanned pregnancies)

500+

Young adults and adults at 13 locations received education and support related to new moms' issues, postpartum depression, pregnancy loss, sexual assault and other adult relationship issues

DEMOGRAPHICS



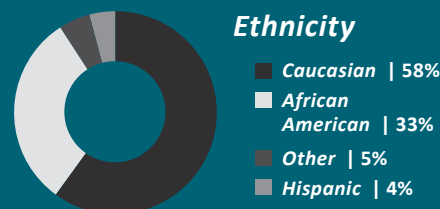
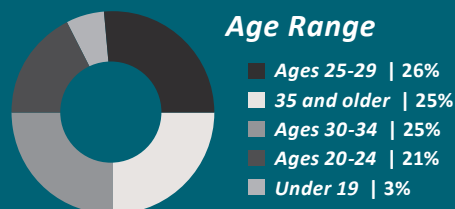
GRIEF CARE/ COUNSELING

880

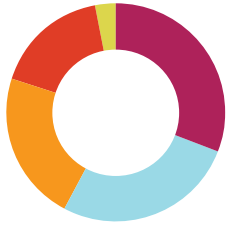
Number of counseling sessions, with 176 people

Counseling included pregnancy loss (miscarriage, stillbirth, infant death, abortion, failed IVF, failed adoption, etc), postpartum depression, related women, men and couples counseling (including sexual addiction, pornography, and infidelity)

DEMOGRAPHICS



FINANCIALS



- Local Foundations/Grants | 33%
- Individuals | 26%
- Fundraising Events | 21%
- Churches | 17%
- Client Fees | 3%

\$950,000

Cash-based donations received

1,000

Number of unique donors

\$60,000

In donated maternity and baby items to pregnant clients

5,000+

Volunteer hours donated

PARTNERS IN THE COMMUNITY:

AGENCY/OUTREACH/ COMMUNITY ORGANIZATIONS

- 61st Ave UMC
- ACE Nashville
- Alignment Nashville
- Antioch High School
- Belmont University
- Bethlehem Center
- Bethlehem Centers
- Boys and Girls Club
- Caring for the Community Fair
- Catholic Women of Faith Conference
- Christ Presbyterian Academy
- Cohn Adult School
- Department of Children's Services
- El Protector Program
- Faith Family Medical Center
- Fannie Battle Day Home for Children
- Father Ryan High School
- Fellowship Homeschool Connection
- FIMR Bereavement Conference
- First Apostolic Church
- First Presbyterian Church
- Franktown Open Hearts
- Glenclyff Community Meetings
- HCA
- Healthy Families in Middle Tennessee
- Lutheran Women's Missionary League
- Maplewood HS
- Marcy Community Healthcare
- Margaret Maddox YMCA
- Martha O'Bryan Center
- MNP Health Department
- MNPS Social Worker Inservice Meeting
- Our Lady of Guadalupe Knights of Columbus
- Pearl Cohn Community Partners Meeting
- Pope JP II HS

- Preston Taylor Ministries
- Prevent Child Abuse TN
- Safe Haven Family Shelter
- Safe Sleep Event
- Salama Urban Ministries
- Sexual Assault Center
- Southeast Health Fair (Glenclyff and Antioch HS)
- St. Henry RCIA Class
- St. Joseph Catholic School
- St. Thomas Midtown
- Towne Centre Theatre
- TSU Baby Shower
- TSU YPECAN Program
- Vanderbilt Pathways to Pubic Service Fair
- Women's Medical Associates
- Woodmont Baptist Knit Wits
- YCAP
- YEP College Access Now (TSU & Boys and Girls Club)
- Youth Connections at Monroe Harding
- Youth Encouragement Services
- Youth for Christ
- Youth Overcoming Drug Addiction

CHURCHES

Hope Clinic partners with nearly 100 churches that cross denominational lines.

UNIVERSITY INTERNSHIPS

- Belmont University
- Liberty University
- Lipscomb University
- Middle Tennessee State University
- Tennessee State University
- Trevecca University
- University of Tennessee
- Vanderbilt University



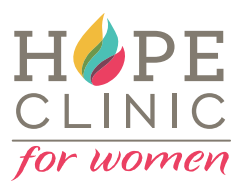
HOSPITALS

- HCA/Tri-Star
- St. Thomas Health Services
- Vanderbilt University Medical Center
- Williamson County Medical Center

ASSOCIATIONS

- Center for Nonprofit Management
- GivingMatters.com, an initiative of The Community Foundation of Middle Tennessee
- Mission Increase Foundation

Please contact us for ways to partner with your business, church, small group, book club or individually as a volunteer or donor at 615-321-0005.



1810 Hayes Street
Nashville, TN 37203

615.321.0005
hopeclinicforwomen.org

