



HOPE  
CLINIC  
*for women*

2016-2017 YEAR IN REVIEW



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**An Annual Report from our 2016-2017 Fiscal Year  
(October 1, 2016-September 30, 2017)**

## Dear Supporters,

Throughout the year we weave together stories and pictures from our clients, volunteers and staff so that those of you supporting Hope Clinic see the heart of our agency. For many of us, it answers the big question “Why Hope Clinic”? We also know the importance of taking a step back to look at the larger picture and celebrating our annual accomplishments. Welcome to this year’s Annual Report.

Hope Clinic is nearing our 35th anniversary this March. Wow! While many things remain the same, we have seen a real shift in the way clients communicate, what they already know before they contact us, what goes into their decision-making process and how they are impacted days, weeks, months and years later. It has required us to adapt in the way we reach out to clients, respond to them, how we educate and support them and what kind of care we need to provide—while continuing to honor all life.

In our Pregnancy Services Program, we have seen a 22% increase, serving more than 800 families. We continue to provide medical care, professional counseling, spiritual mentorship and practical support. This year, our focus is to ensure we have quality case management oversight for every woman in our year-long (or longer) Bridge Program. We know that the clients who invest at least a year in our program, along with case management oversight, have the best chance for a successful future. Their stories are not easy and there is no quick solution to creating healthy moms/babies. They have become my heroes.

Women’s healthcare. You hear a lot about it. Our Nurse Practitioners and Nurses provide excellent annual women’s wellcare visits at a fraction of the cost she would pay elsewhere, and she gets an hour with our Nurse Practitioner. We are truly the answer for those with no insurance or adequate coverage.

Prevention Education. We have a five session program that we use in speaking to middle & high school students, college students, young adults, parents, coaches and youth leaders. Our program covers important topics like consent, body image, healthy relationships, sexual risk avoidance, social media, pornography...many of the things our youth are facing!

Our Counseling Program is the place where women and men deal with tough topics like pregnancy loss, postpartum depression, sexual addiction, pornography and other relationship related issues that can prevent people from moving towards health and hope.

This past year, over 1,500 women and men received care onsite. Our Pregnancy Services continue to be completely free, with only 4% of our budget coming from the fees we charge medical and counseling clients. This gap is why our relationship with volunteers and donors is so critical. We couldn’t do this without a strong team helping us. If you have supported us, thank you!! If you are considering it, may this report be the first step in learning more about us. I would also love to meet with any of you for a tour and to answer any questions.

Sincerely,



Renée Rizzo  
President/CEO

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[RRizzo@hopeclinicforwomen.org](mailto:RRizzo@hopeclinicforwomen.org)



*Since 1983, Hope Clinic for Women has been a safe and confidential place for women (and men) who need hope and real help regardless of age, race, religion or ability to pay.*

## OUR FOCUS

**H**ope Clinic is a faith-based, safe and confidential place equipping women, men and families dealing with: unplanned pregnancies, access to women's healthcare, prevention education, pregnancy loss and postpartum depression. We provide medical care, professional counseling, education classes, case management, mentorship and practical support regardless of age, race, religion or ability to pay.

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*"Hope Clinic gave me hope and motivation. It helped me stay focused and move forward. Helped me get the knowledge I need as a future parent and wife. I am so very thankful."*



## OUR SERVICES

### **PREGNANCY**

Pregnancy tests, pregnancy options counseling\*, 1st prenatal visit ultrasound/blood work, access to our Bridge Program, including: case management, counseling, mentoring, prenatal and parenting classes, material assistance, referral services and new moms' groups. Provided free of charge.

*\*We answer questions and educate people on abortions, but we do not perform or refer for them.*

### **WOMEN'S HEALTHCARE**

Women's full annual well visit including adolescent visits, STD (including HIV) testing/paps. Provided at nominal fee.

### **PREVENTION EDUCATION**

Our staff are certified Sexual Risk Avoidance Educators who educate on healthy relationships, self-esteem, boundaries, consent, STDs, abstinence and more. Geared to middle/high school, college students and youth leaders. Provided free of charge.

### **COUNSELING**

Pregnancy loss (miscarriage, stillbirth, infant death, abortion, failed IVF, and failed adoption), Postpartum Depression (PPD), related relationship issues (unhealthy relationships, sexual addiction, and pornography). Provided on a sliding scale.

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*"I absolutely love this place. The staff is so helpful and caring. I felt like family. This place was truly a blessing to me and my son, I loved every moment of being a part of the clinic."*

# OVERALL OUTCOMES

**1,500+**

Clients served onsite

**4%**

Total operating costs that are covered by client fees

**350**

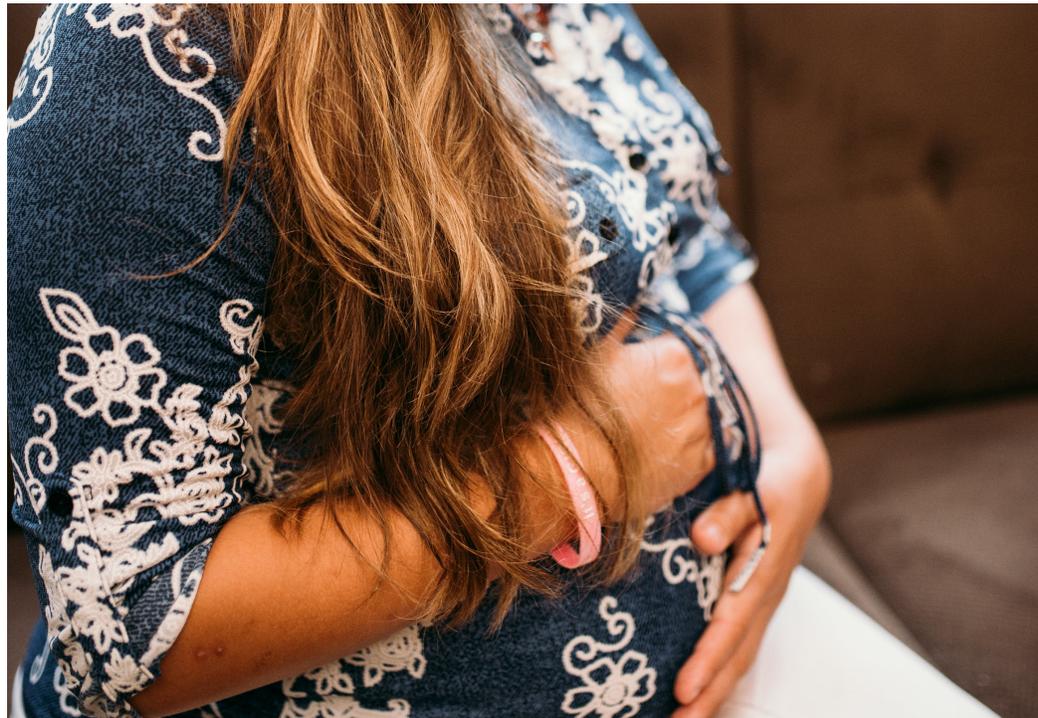
Babies born this past year through Hope Clinic (estimate)

# PREGNANCY SERVICES

*"The Bridge Program is an amazing program. It has helped ease my mind and troubles. It helped with necessities for my little one and has people have been great listeners when needed."*

*"There's always super sweet staff, not a single visit have I left unsatisfied; Hope Clinic gave me a safe and happy place to vent, get resources, and rack up on plenty of baby items that I've desperately needed."*

*"Hope Clinic has helped me mentally, emotionally. When I come here I feel like I'm at home. Everyone is so nice and I have stocked up on diapers. It's helped me take care of my baby. It's so amazing here."*

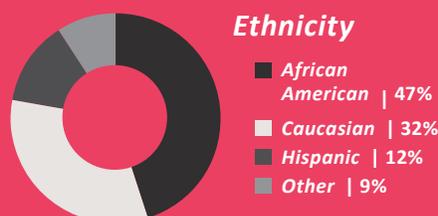
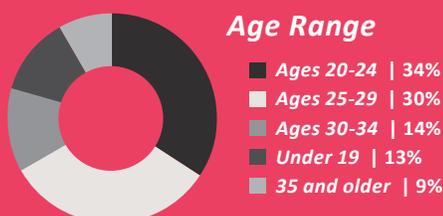


**800+**

Total pregnant families helped (21% increase from last year)

- This includes the 621 clients who started with a pregnancy test, those remaining in program from previous year and those referred by other agencies who are in their 2nd/3rd trimester
- Nearly 50% of women contacting us are abortion minded
- 79% came in for follow up ultrasound visits/care
- For those coming back for follow up care, over 80% choose life
- 838 Bridge sessions completed (counseling and mentoring)
- 600 Bridge classes offered (73% increase from last year)

## DEMOGRAPHICS



100% felt they were treated with respect, would refer a friend and refer for future services



# WOMEN'S HEALTHCARE

*"My experience at Hope Clinic was great. The environment and people helped and made me feel really comfortable."*

**535**

Women came in for women's wellcare and std/pap visits (8% increase from last year)

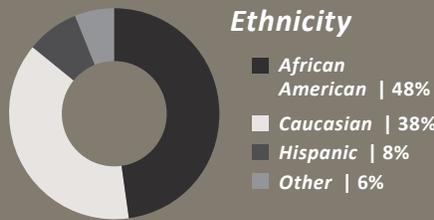
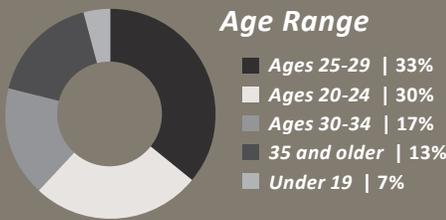
**94%**

Felt more informed about health

**92%**

Commit to making healthier lifestyle choices

## DEMOGRAPHICS



100% felt they were treated with respect, would refer a friend and refer for future services

# PREVENTION EDUCATION

*"As a parent of a student, I just wanted to thank you for your program. I am so grateful to all of you for discussing such a difficult topic in such a faith filled, responsible, yet appealing way."*

**500** Unique individuals educated in 18 different locations

- 75% of surveyed participants said they would make healthy sexual choice (up 2% from previous FY)
- Locations include: Preston Taylor Ministries, My Friend's House, YES Lindsley (Youth Encouragement Services), The Spot at Edgehill UMC, Boys & Girls Clubs, YMCA – Margaret Maddox, Franktown Open Hearts, Franklin YCAP (Youth Community Action Project), The Bethlehem Centers, Health Connect, TSU YEP CAN (Youth Empowerment Program/College Access Now), Big Brothers Big Sisters of Middle TN, CSDN (Community Service Development of Nashville), Pearl Cohn High School, Father Ryan High School, St. Ann Catholic School, CrossBRIDGE – YouthPOWER Program

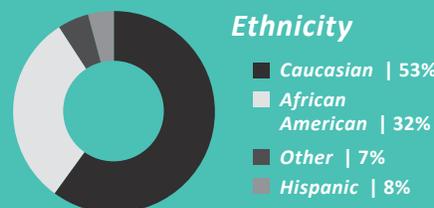
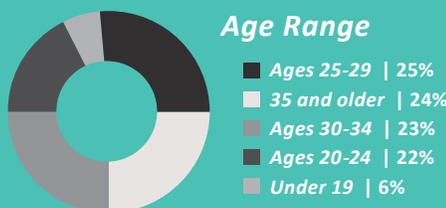
# COUNSELING

*"When I came to the clinic, I was a wreck. Now I'm seeing myself become a better person."*

**155** total counseling clients came in for pregnancy loss, postpartum depression and individual counseling for related services"

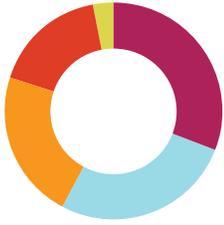
- 120 new counseling clients
- 35 clients returned from the last year

## DEMOGRAPHICS



100% felt they were treated with respect, would refer a friend and would return for future services; 90% would make healthier life choices.

## FINANCIALS



- Local Foundations/Grants | 32%
- Businesses/Individuals | 26%
- Fundraising Events | 23%
- Churches | 15%
- Client Fees | 4%

# \$1,065,000

Cash-based donations received

# 1,000

Approximate number of unique donors

# \$61,000

In donated maternity and baby items to pregnant clients

# 8,000

Approximate volunteer hours donated (up 60%)

## ADDITIONAL PARTNERS IN THE COMMUNITY:

### COMMUNITY ORGANIZATIONS

- ACE Nashville
- Alignment Nashville
- Antioch High School
- Caring for the Community
- Catholic Women of Faith
- Department of Children's Services
- El Protector Program
- End Slavery
- Faith Family Medical Center
- FIMR Bereavement Conference
- Glenclyff High School
- Healthy Families in Middle Tennessee
- Lutheran Women's Missionary League
- March of Dimes
- Magdeline House
- Margaret Maddox YMCA
- Metropolitan Development and Housing Agency
- Metro Nashville Public Health Department
- Metro Nashville Public School Social Workers
- Mercy Community Healthcare
- Prevent Child Abuse TN
- Safe Haven Family Shelter
- Safe Sleep Event
- St. Ann Catholic School
- The Next Door
- TN Women's Care
- Towne Centre Theatre
- Women's Medical Associates
- Williamson YMCA – Youth Community Action Project
- Youth for Christ

### CHURCHES

Hope Clinic partners with nearly 100 churches that cross denominational lines.

### UNIVERSITY INTERSHIPS

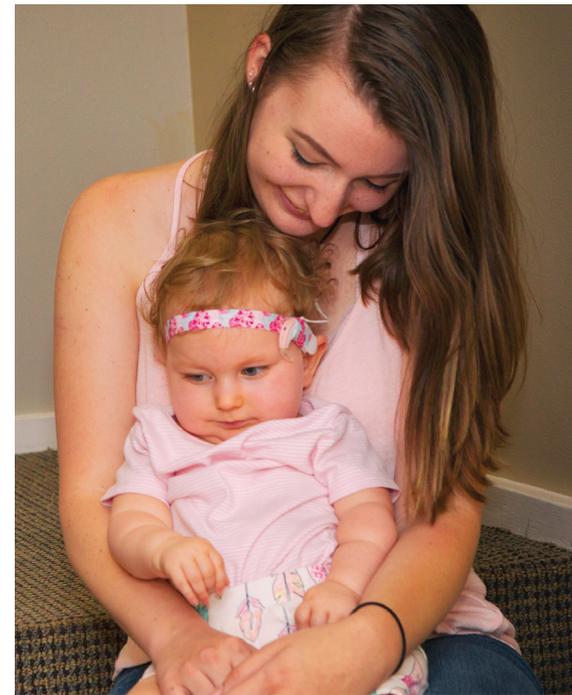
- Belmont University
- Lipscomb University
- Trevecca University
- University of Tennessee
- Vanderbilt University

### HOSPITALS

- HCA/Tri-Star
- St. Thomas Health Services
- Vanderbilt University Medical Center
- Williamson County Medical Center

### MEMBERSHIPS

- Center for Nonprofit Management
- GivingMatters.com, an initiative of The Community Foundation of Middle Tennessee
- Mission Increase Foundation



Please contact us for ways to partner with your business, church, small group, book club or individually as a volunteer or donor at 615-321-0005.



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