

The Unexpected Adventures of Life Interrupted

Perspective
is Everything



"If life had gone as planned I would be (fill in the blank with what you think is the perfect life for you). I would also be pushing myself hard to gain God and/or everyone's approval while gripped by the fear of never measuring up." Sound familiar? These are the words of my friend Greg Murtha, who was diagnosed with cancer early in 2012; endured over 70 rounds of chemotherapy and a heart attack; but describes this 'unexpected interruption' as the thing that saved and changed his life. No matter what our clients decide—their unplanned pregnancy is a massive interruption. There is no choice she will make that will not change her in some way for the rest of her life. People ask all the time what makes some of our clients more successful than others. I think it's when they have a perspective similar to Greg's: "How is this interruption/fork in the road/crisis going to change me for the better? How do I not just survive this, but learn, grow, change and become something even greater than I thought possible?"

Greg says in his book, *Out of the Blue**: "Out of the blue interruptions taught me when I focus on what God can lead me to do, I get to play a pivotal role in the ultimate story—His story—and that's where I have found life." At Hope Clinic, we always say that the life of the baby is not the only one we care about. We care first for the mom (and the dad). In the most successful stories, that is where the change begins. When she embraces this challenge and allows us to walk beside her, time and time again she realizes she is a better, stronger, more hopeful, more determined version of herself than she ever thought possible. Because of THAT, the baby's life will be better.

Renee Riggs

*"Out of the Blue; the Unexpected Adventure of a Life Interrupted" by Greg Murtha is available on Amazon in hardcover and kindle. Foreword by Bob Goff; bestselling author of 'Love Does'.

Marquisha's Story



Hope Clinic helped ALL aspects of my life.

My self-esteem grew as a mom from knowing there is a place that gives me a sense of belonging. Honestly, I look forward to coming every week!

My decision to have a 3rd baby impacted everything. I was already struggling to take care of the 2 children I had. For me, a third baby seemed extremely hard if not impossible with no help. Hope Clinic helped with the things my son needed coming into the world. I had absolutely nothing for a third baby—no kind of baby items. Hope Clinic helped get what I needed and more. They had classes, counseling and mentoring. It was all free!

And in exchange I received much needed diapers, wipes, clothes and other essential baby items. Hope Clinic also helped my emotional health so I could bring a healthy baby into the world.



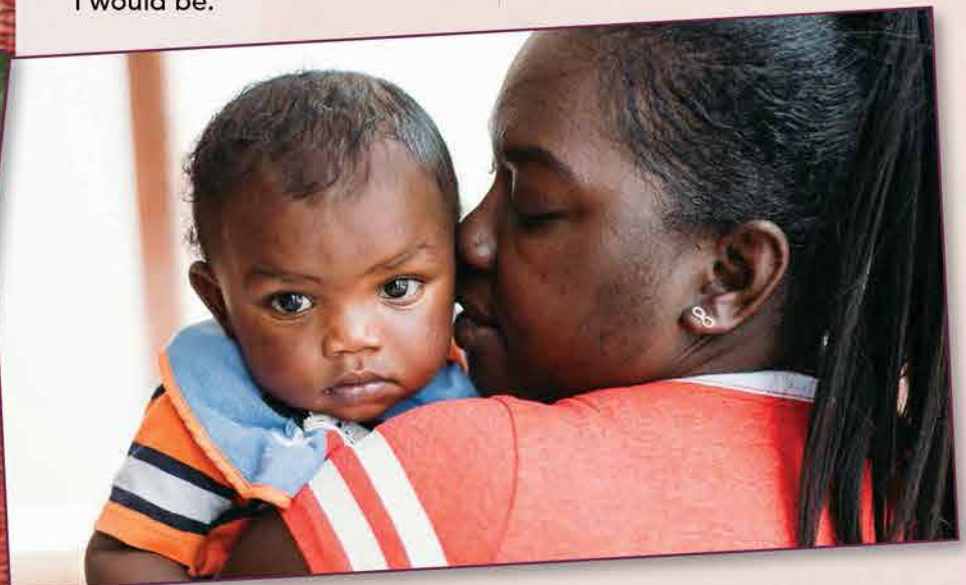
Throughout my whole pregnancy the staff and volunteers at Hope Clinic made me and all my children feel like family each and every time we were there. They reached out to me even in my most devastating time of finding out something was wrong with my son. It was a hard time having a child in the NICU and their calls comforted me. They had volunteers deliver meals for me and my children after the baby was born.

I love Hope Clinic after feeling that no one loved me and my children. Hope Clinic shows me what love is, no matter the circumstance. Now I have the tools I need to be a great mom to my children. Without the loving care Hope Clinic has shown me, I don't know where I would be.



Hope Clinic is my hope no matter how many children I have or what life circumstances I am in.

Thank you!



A Year At A Glance

This year, 621 women from all backgrounds, beliefs and political affiliations came in for pregnancy tests at their 'crises/interruptions'. Combined with women who were referred to us from other agencies during the 2nd/3rd trimester, we supported over 800 women in unplanned pregnancies. A 22% increase from the previous year! Over 83% of our clients return for follow up care after the first visit; nearly 90% choose to parent; and nearly 1/3 access our FREE Bridge Program (education classes, professional counseling, spiritual mentoring and medical care in exchange for material assistance).

535 women each year also have access to women's healthcare (annual OB exam, STD testing, paps) for a fraction of the cost of the nearest other medical clinics.

Another 122 women/men accessed our professional counseling covering: pregnancy loss (miscarriage, stillbirth, infant death, abortion), postpartum depression and relationship/couples issues (offered on a sliding scale).

Nearly 100% of our clients say they were treated with respect, would return for services in the future and recommend our agency to a friend.

Our budget is nearly \$1 million (85% are direct client-related expenses) and only 4% comes from the fees received by clients. The rest is received by private donations.

In 2017 *Hope Clinic for Women* was a finalist (with 2 other agencies) for The Healing Trust's Compassionate Care Award at the Center for Nonprofit Management Annual Awards banquet honoring all nonprofits in middle Tennessee.



List of services:

Hope Clinic offers a range of comprehensive services to serve clients dealing with a variety of issues including physical, clinical, emotional, practical and spiritual needs.

Services Include:

- Pregnancy tests
- Limited ultrasounds
- Women's well visits/adolescent visits
- STD testing/paps
- 1st Prenatal visit ultrasound/blood work
- Pregnancy options counseling*
- Prenatal and parenting classes
- Material assistance for pregnant/new moms
- Prevention education for youth, young adults, parents, youth leaders
- Pregnancy loss counseling
- Postpartum depression counseling
- Counseling for women, men, couples and family members

**we do not perform nor refer for abortions*



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