



HOPE
CLINIC
for women

2017-2018 YEAR IN REVIEW



2018-19 BOARD MEMBERS

Alyssa Hasty, PhD, Chair
Joy Styles Vice-Chair
John Jacoway, Treasurer
Kenya Beverly, Secretary
Ronald Alvarez, M.D., M.B.A
Amanda Cecconi
Barbara Crawford
Mike Duncan
Debbie Gilkey
Katie Hill
Nakisha Guzman
Alan Sisk
Debbie Lassiter
Victor Silvestri
David Wasiolek

ADVISORY BOARD

Jennifer K. Cooke
Gary Glover
Robin Glover
John Huie
Bill Lee
Dr. Charles McGowan
Scott Orman
David Rogers
Tom Singleton
Sylvia Singleton
Masami Tyson
Rich Tyson, MD
Melissa Ward
Robert Yeager
Kate Yeager
Beth Ann Yakes
Buddy Zegel

MEDICAL DIRECTOR

Dr. Anthony Trabue
Dr. Craig Martin

PRESIDENT/CEO

Renée Rizzo

TABLE OF CONTENTS

- 3** Letter from CEO
- 4** Focus & Services
- 5** Client Program Outcomes
& Pregnancy Services
- 6** Women's Healthcare, Prevention
Education & Counseling Services
- 7** Financials & Community Partners

**An Annual Report from our 2017-2018 Fiscal Year
(October 1, 2017-September 30, 2018)**

Dear Present and Future Supporters,

Throughout the year; through social media, print pieces and events, we share stories and pictures from our clients, volunteers and staff for you to see the heart of our agency. For many of us, it answers the big question "Why Hope Clinic"? We also know the importance of taking a step back to look at the larger picture and celebrating our annual accomplishments. Welcome to this year's Annual Report.

Hope Clinic celebrated our 35th anniversary this year. While many things remain the same, we continue to see a shift in the way clients communicate, what they know before they contact us, what goes into their decision-making process and the future impact of their decisions. This requires us to adapt in the way we reach and respond to clients, how we educate and support them and what kind of care we provide, while continuing to honor all life. In fact, we celebrate over 12,000 babies born to Hope Clinic in that the last thirty-five years. What a blessing!

In our Pregnancy Services Program, we served nearly 600 pregnant women and their families last year. We continue to provide medical care, professional counseling, spiritual mentorship and practical support. Last year our focus was to ensure quality case management oversight for every woman in our year-long (or longer) Bridge Program. This year, our focus is to offer more accessible care. We are providing more mentor sessions offsite and more classes online. We will continue to use technology to make it easier for clients, staff and volunteers to connect without dealing with traffic, childcare issues or transportation restrictions.

Prevention services covers Women's Healthcare and Prevention Education in the community. Providing quality women's healthcare continues to be an important part of our work. Last year approximately 400 women received healthcare, education and emotional support. Nearly 100% of our clients would recommend our medical services to a friend or return for care. Our Prevention education includes a five-week (one hour each week) program focusing on Sexual Risk Avoidance. We spoke to 450 middle & high school students, college students, young adults, parents, coaches and youth leaders. Our program covers important topics like consent, body image, healthy relationships, sexual risk avoidance, social media, pornography—many of the issues facing our youth.

Our Counseling Program allows women and men to deal with tough topics like pregnancy loss, postpartum depression, sexual addiction, pornography and other relationship related issues that can prevent people from moving toward health and hope. This past year nearly 200 women and men received this specialized care.

Our Pregnancy Services continue to be completely free with only 4% of our budget coming from the nominal fees we charge medical and counseling clients. The remaining 96% of our budget is why our relationship with volunteers and donors is so critical. We couldn't do this without the support of a strong team. If you have supported us, thank you!! If you are considering it, may this report be the first step in learning more about us. I would love to meet with you for a tour and to answer your questions.

Sincerely,



Renée Rizzo
President/CEO

615.321.4428
RRizzo@hopeclinicforwomen.org



Since 1983, Hope Clinic for Women has been a safe and confidential place for women (and men) who need hope and real help regardless of age, race, religion or ability to pay.

OUR FOCUS

Hope Clinic is a faith-based, safe and confidential place equipping women, men and families dealing with: unplanned pregnancies, access to women's healthcare, prevention education, pregnancy loss and postpartum depression. We provide medical care, professional counseling, education classes, case management, mentorship and practical support regardless of age, race, religion or ability to pay.

"I can't express what my life would be like without Hope Clinic. I became pregnant and felt so much anxiety and worry and fear. They were my rock. Support and care like I've never received from an organization before. I can truly say they are my baby's guardian angel."



OUR SERVICES

PREGNANCY

Pregnancy tests, pregnancy options counseling*, 1st prenatal visit ultrasound/blood work, access to our Bridge Program, including: case management, counseling, mentoring, prenatal and parenting classes, material assistance, referral services and new moms' groups. Provided free of charge.

**We answer questions and educate people on abortions, but we do not perform or refer for them.*

WOMEN'S HEALTHCARE

Women's full annual well visit (breast exam, pelvic exam, pap smears, STD testing) and all related problems (STD, yeast infection, blood test, irregular bleeding, etc.). Provided at a nominal fee.

PREVENTION EDUCATION

Our staff are certified Sexual Risk Avoidance Educators who educate on healthy relationships, self-esteem, boundaries, consent, STDs, abstinence and more. Geared to young adults and youth leaders. Provided free of charge.

COUNSELING

Pregnancy loss (miscarriage, stillbirth, infant death, abortion, failed IVF, and failed adoption), Postpartum Depression (PPD), related relationship issues (unhealthy relationships, sexual addiction, and pornography). Provided on a sliding scale.

"Hope Clinic has helped in numerous ways, more than I have even realized at this moment. Self-worth, providing for baby, friends and support group."

OVERALL OUTCOMES

1,650+

Clients served onsite

4%

Total operating costs that are covered by client fees

360

Babies born this past year through Hope Clinic (estimated)

PREGNANCY SERVICES

"Amazing place! Amazing non-profit organization! Amazing people-they have definitely made this journey of pregnancy a lot more peaceful than I had ever expected!"

"We needed a support system, a way to help ourselves. And we found it at Hope Clinic."

"I came in afraid and nervous, but everyone was so wonderful and put my mind at ease."



600

Total Pregnant families helped

- Over 50% of women contacting us are still considering an abortion
- 80% came in for follow up ultrasound visits/care
- For those coming back for follow up care, over 83% choose life
- One third of clients access the Bridge Program allowing them access to free counseling, case management, education classes, and spiritual mentorship in exchange for material assistance.
- 500+ counseling/mentoring (one-on-one) sessions completed.
- 500+ Bridge classes offered

DEMOGRAPHICS



Age Range

■ Under 19 | 10%
 ■ Ages 20-24 | 33%
 ■ Ages 25-29 | 31%
 ■ Ages 30-34 | 17%
 ■ 35 and older | 9%



Ethnicity

■ African American | 46%
 ■ Caucasian | 31%
 ■ Hispanic | 11%
 ■ Other | 12%



Client Earnings

■ <\$14,000 | 29%
 ■ \$15-29,000 | 27%
 ■ Over \$30,000 | 22%
 ■ Unemployed | 22%

WOMEN'S HEALTHCARE

"Very comforting, caring, quality and confidential healthcare. I am happy to have been referred and will refer to others. Lifesavers!!"



400

Women came in for women's well-care and problem visits

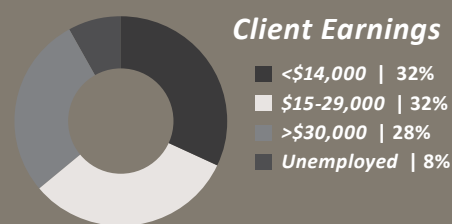
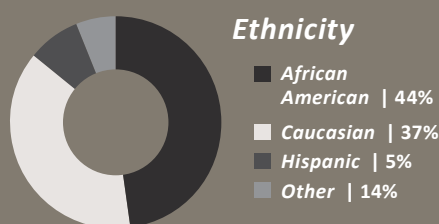
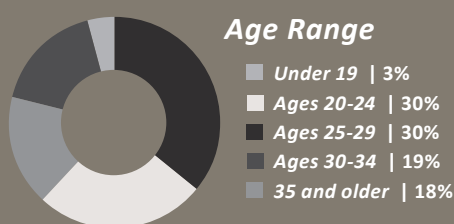
94%

Felt more informed about health

92%

Commit to making healthier lifestyle choices

DEMOGRAPHICS



100% felt they were treated with respect, would refer a friend and refer for future services.

PREVENTION EDUCATION

"As a parent of a student, I just wanted to thank you for your program. I am so grateful to all of you for discussing such a difficult topic in such a faith filled, responsible, yet appealing way."

450

Unique individuals educated in 18 different locations

- 83% of surveyed participants said they were more committed to making healthier sexual choices
- Locations include: Preston Taylor Ministries, My Friend's House, YES Lindsley (Youth Encouragement Services), The Spot at Edgehill UMC, Boys & Girls Clubs, YMCA – Margaret Maddox, Franktown Open Hearts, Franklin YCAP (Youth Community Action Project), The Bethlehem Centers, Health Connect, TSU YEP CAN (Youth Empowerment Program/College Access Now), Big Brothers Big Sisters of Middle TN, CSDN (Community Service Development of Nashville), Pearl Cohn High School, Father Ryan High School, St. Ann Catholic School, CrossBRIDGE – YouthPOWER Program

COUNSELING

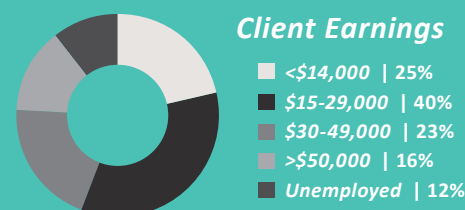
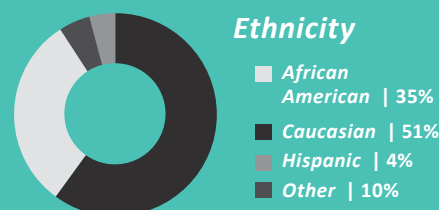
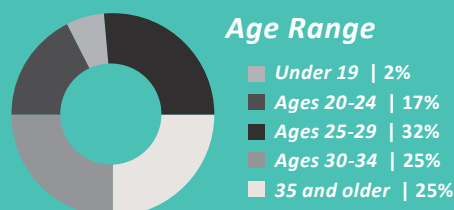
"When I came to the clinic, I was a wreck. Now I'm seeing myself become a better person."

200

total counseling clients came in for pregnancy loss, postpartum depression and individual counseling related services

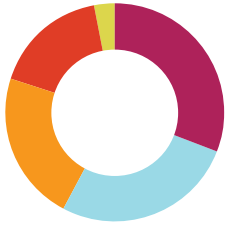
- Total of nearly 600 counseling sessions

DEMOGRAPHICS



100% felt they were treated with respect, would refer a friend and would return for future services; 90% would make healthier life choices.

FINANCIALS



- Local Foundations/Grants | 33%
- Businesses/Individuals | 30%
- Fundraising Events | 18%
- Churches | 15%
- Client Fees | 4%

\$1,027,000

Cash-based donations received

1,000

Unique donors

\$76,600

In donated maternity and baby items to pregnant clients

5,500

Volunteer hours donated

ADDITIONAL PARTNERS IN THE COMMUNITY:

COMMUNITY ORGANIZATIONS

- ACE Nashville
- Alignment Nashville
- Antioch High School
- Bethlehem Centers
- Big Brothers, Big Sisters of Middle TN
- Boys and Girls Clubs of Middle TN
- Center for Youth Ministry
- Christ Presbyterian Academy
- CrossBRIDGE – YouthPOWER program
- Department of Children's Services
- End Slavery
- Faith Family Medical Center
- Father Ryan High School
- FIMR Bereavement Conference
- Franklin Road Academy
- Glenclyff High School
- Graceworks Ministries
- HCA
- Health Connect Gallatin
- Health Connect Nashville
- Hillwood High School
- Lutheran Women's Missionary League
- Magdeline House
- Maplewood High School
- Margaret Maddox YMCA
- Martha O'Bryan Center
- Metro Development and Housing Agency
- Metro Nashville Public Health Department
- Metro Nashville Public School Social Workers
- Mercy Community Healthcare
- My Friend's House
- Nashville Fellows Program
- Oasis Center
- Our Thrift Store
- Pearl Cohn High School
- Pope JP II High School
- Preston Taylor Ministries
- Prevent Child Abuse TN

- Salvation Army
- Siloam Family Health Center
- Sexual Assault Center
- St. Ann Catholic School
- St. Joseph Catholic School
- St. Thomas Midtown
- Towne Centre Theatre
- Women's Medical Associates
- Williamson YMCA – Youth Community Action Project
- YEP College Access Now (TSU/Boys and Girls Club)
- Youth Encouragement Services
- Youth for Christ

CHURCHES

Hope Clinic partners with nearly 100 churches that cross denominational lines.

UNIVERSITY INTERNSHIPS

- Austin Peay
- Belmont University
- Liberty University
- Lipscomb University
- Tennessee State University
- Trevecca University
- University of Tennessee
- Vanderbilt University

HOSPITALS

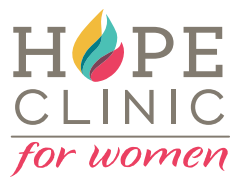
- HCA/Tri-Star
- St. Thomas Health Services
- Vanderbilt University Medical Center
- Williamson County Medical Center

MEMBERSHIPS

- Center for Nonprofit Management
- GivingMatters.com, an initiative of The Community Foundation of Middle Tennessee
- Mission Increase Foundation



Please contact us for ways to partner with your business, church, small group, book club or individually as a volunteer or donor at 615-321-0005.



1810 Hayes Street
Nashville, TN 37203

615.321.0005
hopeclinicforwomen.org

