



Established in 1983, Hope Clinic for Women is a faith-based safe and confidential place equipping women, men and families dealing with: unplanned pregnancies, access to women's healthcare, prevention education, pregnancy loss and postpartum depression. We provide medical care, professional counseling, education classes, case management, mentorship and practical support regardless of age, race, religion or ability to pay.



SUMMER 2018

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A Letter From Our CEO

DO YOU KNOW WHAT MANY OF US WORKING AT PREGNANCY CENTERS WORRY ABOUT? With all the talk of conservative people in office, we worry people think the work is done and the fight is over. But those of us working with hundreds of pregnant women every year know that if anything our work will only grow. Where will these women go? They go to places like Hope Clinic. So dear friends, pray with me that people do not grow complacent or weary of supporting our work. We continue to need your time, talents and financial resources. Whether I meet the most conservative or liberal person, once they hear what we do they say: "Wow! You need to exist in our community." Yes. Yes, we do! And we do not have government funding keeping our doors open. YOU do that! So, thank you!!

WE WILL BE CLOSING OUR FISCAL YEAR SEPTEMBER 30TH and need financial gifts of all sizes to ensure we finish strong. We also need you to continue raising awareness of our services, not only in your community, but in the most underserved populations. We don't have the advertising dollars the big national agencies do and nearly 50% of our clients come in to us through word-of-mouth referrals from friends or family members.

THIS YEAR WE CONTINUED TO GROW OUR REACH INTO THE COMMUNITY as traffic and travel became more difficult for clients. What seems to work best is being available to clients online, with classes, counseling and mentor sessions. We seek to continually improve this process and hope to someday offer our services to pregnancy centers across the state who do not have the resources we do. In fact, this year, I will be taking our prevention 'sexual risk avoidance' material to the women of Haiti and India. Through our partnership with Grace Chapel, Hope Clinic is sharing valuable tools with women everywhere. This isn't just a US problem but a global issue. We all need to heal and equip from the inside out.

PLEASE LOOK INSIDE TO READ ABOUT OUR SERVICES AND LEARN ABOUT OUR UPCOMING EVENTS. Can you attend at least one of the next three events? Can you bring one new person to this event with you to learn more about what we do?

Blessings!

Renée Rizzo, President/CEO
rrizzo@hopeclinicforwomen.org

Introduction to Hope Clinic

Interested in donating your time, talents, and financial resources; collaborating with our agency; and/or want to know more about our work before referring patients?

This one-hour session is for you! See schedule inside or on our website at <https://www.hopeclinicforwomen.org/introtohopeclinic>.

Part One: Hear from our CEO about the foundation of Hope Clinic; our current vision, our services; client statistics and demographics; and key financial information.

Part Two: Take a tour with our Community Relations Manager seeing all the places we serve our clients while hearing specifically about volunteer opportunities working directly with clients and behind the scenes.

Part Three: Hear briefly from our Event & Business Development Manager about helping with community awareness, marketing efforts and events to be a part of.

Part Four: Q&A with staff and/or fill out volunteer paperwork!

THANK YOU TO OUR EVENT SPONSORS



KENDRA SCOTT



HUTTON
HOTEL



UPCOMING EVENTS



WOMEN OF HOPE

Thursday, September 20th, 6 – 9pm

PETER NAPPI STUDIO

Are you in need of a ladies' night out and you're passionate about investing in your local community? Join us for "Women of Hope" at Peter Nappi Studio! Enjoy gourmet finger foods while listening to the background tunes of Carmen and the Trio. Enter a raffle for a Hope Chest full of Nashville goods, buy a Kendra Scott Jewelry Mystery Box or shop for fine leather goods to support Hope Clinic while treating yourself! Ticket sales are cut off at 120 tickets, so buy yours now! Visit hopeclinicforwomen.org/woh for more details and tickets. Contact Becky Wynne at 615.627.2795 or bwynne@hopeclinicforwomen.org with questions and ideas to help promote this event!



SOUTHEAST FINANCIAL CREDIT UNION GOLF CLASSIC

Monday, September 24th

FORREST CROSSING GOLF COURSE

Grab your clubs and join Hope Clinic for a day of golf at Forrest Crossing Golf Course for the 17th Annual Southeast Financial Credit Union Golf Classic benefiting Hope Clinic and United Cerebral Palsy. Enjoy lunch while

golfing, dinner, a silent auction, and a live raffle after the tournament. Register your team of four by August 31st with the promo code EARLYBIRD and receive an additional \$50 off: <https://birdeasepro.com/17thSoutheastFinancialGolfClassic>. Contact Becky Wynne at 615.627.2795 or bwynne@hopeclinicforwomen.org with questions and ideas to help promote this event!



CIDER CAROLS

Thursday, November 29th

ROCKETOWN

Kick off your holiday season with our 14th Annual Cider Carols! Enjoy seasonal treats and beverages while singing along to your favorite holiday tunes with live entertainment. It's the perfect time for you and your friends and family to celebrate the most wonderful time of year while giving back to Hope Clinic. For details and tickets, visit hopeclinicforwomen.org/cidercarols. Contact Becky Wynne at 615.627.2795 or bwynne@hopeclinicforwomen.org with questions or if you would like to be on the event committee.

PREGNANCY LOSS AWARENESS MONTH: *October*



Hope Clinic provides individual and group counseling for all forms of pregnancy loss (miscarriage, stillbirth, infant death, failed IVF/Adoption and past abortions). All are unique and come with a full range of emotions that can last for many years while women and men suffer in silence. At Hope Clinic, we seek to heal the pain and lift the feeling of isolation that may come after experiencing a pregnancy loss. Both male and female counselors are available to walk with you towards hope and healing.

We are aware that the loss from an abortion is even more complex, especially when it is compounded by comments on social media. We specifically offer post-abortion counseling and support for women and men in three ways. The Uncovering Hope gift offers a token of our support in this charged and sensitive topic. Our female and male counselors are available to provide weekly support through individual, couple, and group counseling. We also offer weekend intensives to pull back from everyday life and focus on healing. If you are recovering from any form of pregnancy loss and would like to speak to someone about our services, please contact us at 615-321-0005. An option for a private line to the Counseling Department will be provided.

WOMEN'S COMPREHENSIVE CARE

"As we finish up our 35th year, our CEO Renée has reminded us of just how far we have come. I am delighted to say that our medical staff has expanded to three part-time Women's Health nurse practitioners to provide STD testing and full well women exams (\$25-75), three RN's certified for 1st trimester ultrasounds, and three RN's for our pregnancy tests and STD follow up care. As I go into the community, I share about our services to agencies, doctors' offices and most importantly the communities in the most underserved populations. Through a grant with the March of Dimes, I have been able to begin monthly meetings in the community on smoking cessation during pregnancy at the J.C. Napier complex. We are able to supply these families with gift cards and diapers while educating them on all of our services. I cannot begin to thank each and every one of you for your support, allowing us to empower these women."

—Lisa, Medical Services Manager (Idella Woodard, Medical Staff pictured).



VOLUNTEER OPPORTUNITIES: MOST URGENT NEEDS



Directly with clients:

PREVENTION PRESENTERS—Are you passionate about educating youth and parents about health? Join our prevention program and we'll train you to present evidence-based abstinence and healthy decisions curriculum and facilitate group discussions to junior high and high school students.

Behind the Scenes:

CLOTHING ROOM—Organize our storage area, sort through donations, and place items in the clothing room so that clients will have a variety of items to choose from when shopping.

COMMUNITY LIAISON—Our community liaisons represent Hope Clinic at local church, community and health fairs across the greater Nashville area. You can also serve as an ambassador between your church or child's school by organizing a Baby Bottle Campaign or sharing our prevention education program with your community's leaders.

The first step to becoming a volunteer is attending our one hour Introduction to Hope Clinic (see details on front cover). Upcoming dates are September 5th, September 12th, and September 19th.

For the full schedule through the end of the year, please visit <https://www.hopeclinicforwomen.org/introtohopeclinic>. For a full list of volunteer opportunities, please visit <https://www.hopeclinicforwomen.org/volunteer>.





Purchase a specialty 'Choose Life' license plate! A percentage of the proceeds are donated directly to area agencies like ours doing this amazing life-saving work!

www.ChooseLifeTN.org

Please detach this form & mail to:

Hope Clinic for Women
Attn: Bookkeeping
1810 Hayes Street
Nashville, TN 37203



1810 Hayes Street
Nashville, TN 37203
www.hopeclinicforwomen.org

ELECTRONIC SERVICE REQUESTED

I would like to make a donation of \$ OR a pledge of \$ per yr for yr(s).

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☐ Please contact Emmely Duncan for an automatic bank draft: (615) 515-6922.
☐ Money enclosed (Please make checks payable to: Hope Clinic for Women).

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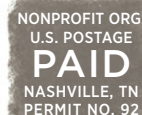
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You can also log onto www.hopeclinicforwomen.org to make a contribution on our secure website. Your gift is tax deductible.



At Hope Clinic, we know every three-dimensional circumstance needs more than a one-dimensional solution. From educational to physical, practical to emotional, and clinical to spiritual, we address the unique factors surrounding each woman who walks through our doors. Most importantly, we remind her to listen to the voice inside.

We are right here with everything she needs.

For the full story, please visit:
hopeclinicforwomen.org/summer2018-clientstory