



Established in 1983, we equip women, men and families to make healthy choices with unplanned pregnancies, prevention, pregnancy loss and postpartum depression. We are a faith-based safe and confidential place for anyone seeking medical care, professional counseling, education, mentorship and practical support regardless of age, race or religion.



# WINTER 2016

## 2015-2016 BOARD MEMBERS

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Dr. Douglas Brown  
Dr. Georgia Ferrell  
Dr. Anthony Trabue

## PRESIDENT/CEO

Renée Rizzo

## A Letter From Our CEO

Dear Partners,

**BEING A LIGHT IN THIS DARK WORLD IS A DAILY CHOICE.** Every day at Hope Clinic we have to choose hope instead of discouragement for our clients. Regardless of their story. Regardless of our financial status. Regardless of how our own personal day went. And when we choose hope, the true Light shines in all of us. It is the Light that cannot be extinguished.

**2015 BEGAN WITH SOME LARGE CHALLENGES FOR US.** Our first capital renovation occurred in the worst winter I remember since coming on staff. Navigating the projects, adjusting our schedules, and continuing care for our clients proved quite a challenge. And the projected \$85,000 renovation budget (funded by the Frist Foundation, HCA, Stephen Turner Foundation, Memorial Foundation and Bouchard & Sons) surged to just over \$100,000 (not uncommon with a 100-year-old house). Thanks to the artistic talents of board member Jim Gardner, over 100 original tiles were painted with unique crosses and sold to raise the last \$15,000 needed. Another challenge we faced was our lab company terminating their 10-year agreement to fund our medical lab fees. We faced between \$2,500-3,000 a month of un-budgeted costs for the last 5 months of our fiscal year. And then a donor stepped up to cover that cost. I shouldn't be shocked at your generosity or God's goodness but I am humbled every time.

**2015 WAS ALSO A BIG YEAR TO BRING TO THE FOREFRONT SOME OF THE REALITIES SURROUNDING AN ABORTION.** It made a lot of people angry. But you, my friends, turned your anger into action or your indifference into involvement. I am so thankful that in the midst of it all, more people have turned their eyes to the amazing comprehensive care we provide women, men and families. You helped us reach every need we had and the result was lives saved and changed. A portion of our annual report is included. Please celebrate with us the great work accomplished. It was a group effort for sure!!

**WE CANNOT STOP IN 2016.** We need to remind this community that we are an excellent and effective place for women facing an unplanned pregnancy, pregnancy loss or postpartum depression. We are also an excellent option for quality medical care for annual physicals and OB well-care visits. It is our priority to reach wide into the community to let them know a place like Hope Clinic exists. Don't forget your opportunity to be our champions and spread the word!!

**WE HAVE A GREAT EVENT MARCH 8<sup>TH</sup> WITH GUEST SPEAKER GIANNA JESSEN.** If you have never been to our Hope for the Future Gala, this is your year! If you have never volunteered before, but it has been your desire, now is the time! As we get busier, your time matters more than ever. And of course, since 97% of our \$900,000 budget is fundraised, we could always use your support both large and small.

With hope in my heart for 2016,

Renée Rizzo, President/CEO



## VOLUNTEER OPPORTUNITIES

Would you like to walk side by side with our clients? How about just having some fun with a group of your friends while doing something for someone else? If so, we'd love for you to volunteer with us! Volunteers play an essential role to our programs and services and often make the biggest impact on our clients!

*For more information on how to become a volunteer, join us at an upcoming Open House!*

### Open House Dates:

Thursday, March 10, at 8:30am  
Tuesday, March 15, at 6:00pm

*For more dates, visit us online at: [hopeclinicforwomen.org/openhouse](http://hopeclinicforwomen.org/openhouse)*

*If you have already attended an Open House, and are ready to take the next step, consider joining us for one of our upcoming training dates!*

### Volunteer Training Dates:

Tuesday, May 10; 5:30-7:30pm  
Saturday, May 14; 9:00am-2:00pm  
Tuesday, May 17; 5:30-7:30pm

*For more dates, visit us online at: [hopeclinicforwomen.org/volunteer-training](http://hopeclinicforwomen.org/volunteer-training)*



Purchase a specialty 'Choose Life' license plate! A percentage of the proceeds are donated directly to area agencies like ours doing this amazing life-saving work!

[www.ChooseLifeTN.org](http://www.ChooseLifeTN.org)

## UPCOMING EVENTS:



### HOPE FOR THE FUTURE GALA Tuesday, March 8th HOUSTON STATION

This year's event is destined to be truly inspiring as we host special guest speaker, Gianna Jessen. As an abortion survivor, Gianna has overcome numerous obstacles to become a powerful voice in the pro-life movement. Additionally, this year's theme is **HOPE WINS**. You and your guests will journey through a day in the life of our clients. In this visual presentation, guests will receive a complete understanding of the comprehensive care, support and hope we provide our clients. The evening will also include music, catered meal, and great conversation. It will be an inspiring night!

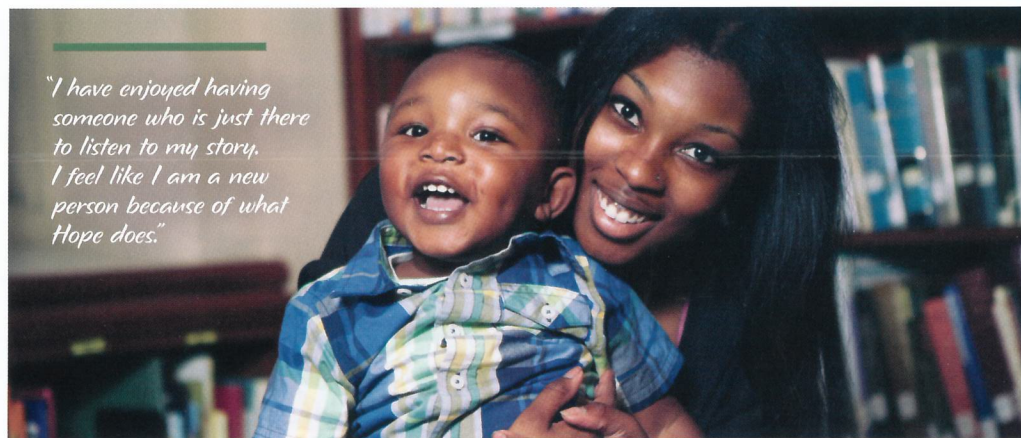
*For more information or tickets, please visit [hopeclinicforwomen.org/gala](http://hopeclinicforwomen.org/gala)*



### SMOKE ON THE WATER Sunday, May 1st GENERAL JACKSON SHOWBOAT

Smoke on the Water brings together cigar enthusiasts from across Middle Tennessee to set sail down the Cumberland River while enjoying the finest cigars, complimentary wine, delicious meal and live auction – all to support the mission of Hope Clinic! Jeff Tinnell from Drew Estates will pick and provide the sticks (4 per guest). The wonderful folks at Cool Springs Wine & Spirits will provide the wine for the evening while you and your friends can sit back and enjoy the cruise!

*For more information or tickets, please visit [hopeclinicforwomen.org/smokeonthewater](http://hopeclinicforwomen.org/smokeonthewater)*



## THANK YOU TO OUR EVENT SPONSORS:

**usimprints**  
YOUR LOGO ON ANYTHING

**BH** The Britt Hunt Company

**Southeast Financial**  
Credit Union

The Robert Yeager Family

**FIDELITY**  
imagination in print

**G** Glover Group  
Entertainment

**HUTTON**  
HOTEL

**HomeLift**  
Home Care Services

**STANSSELL**  
Electric Company, Inc.



## CLIENT PROGRAM OUTCOMES\*

### PREGNANCY:

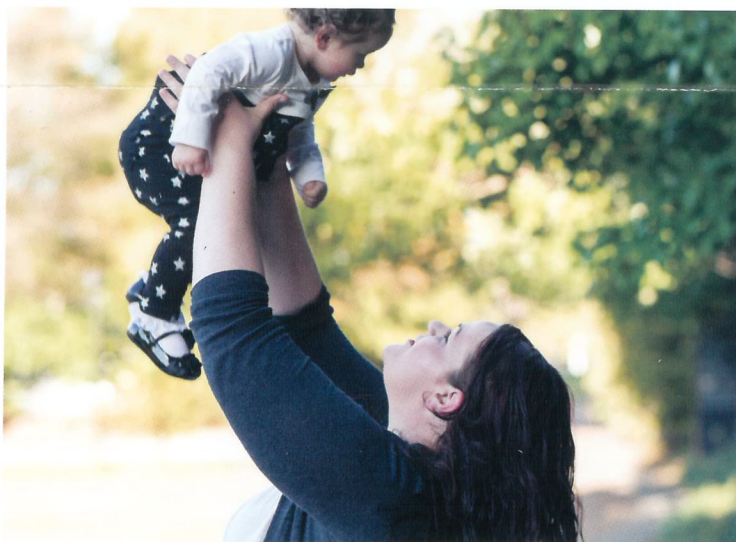


# 568

*New women came in for pregnancy services*

- 80% of the positive test clients came back for follow-up care or follow-up services.
- 36% entered our Bridge Program (taking classes, meeting with mentor, counseling sessions in exchange for maternity and baby items).
- 90% of clients chose to carry and parent.

*"Hope Clinic has given me a positive outlook on parenting. This was the very first place that knew about our new bundle of joy. The counseling sessions has brought me and my spouse closer."*



### PREVENTION & OUTREACH:



# 579

*Women received Pap testing and STD testing/treatment*

- Each visit included an education portion to improve healthy choices and offered counseling.
- 75% committed to making healthier lifestyle choices.

# 1,042

*Number of youth & parents educated on prevention at over 18 locations*

- 971 young adults and adults received education and support at locations related to new mom's issues, postpartum depression, pregnancy loss, sexual assault and other adult relationship issues.

### GRIEF CARE/ COUNSELING:



# 147

*People came in for counseling completing 716 counseling sessions*

- Counseling included pregnancy loss, postpartum depression, related women, men and couples counseling.

### FINANCIALS:

# \$800,000

*Cash-based donations received*

# 2,000

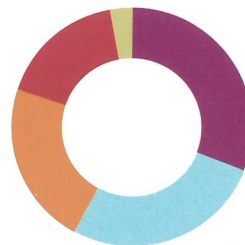
*Number of unique donors*

# \$60,000

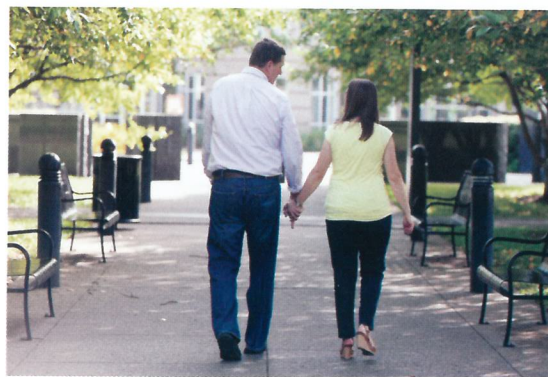
*In donated maternity and baby items to pregnant clients*

# 5,000+

*Volunteer hours donated*



- Individuals | 31%
- Local Foundations/Grants | 27%
- Fundraising Events | 22%
- Churches | 17%
- Client Fees | 3%



*"I love the mentor program at Hope Clinic. It has given me guidance and support over the past year."*

## BRING HOPE IN 2016!

Please detach this form & mail to:

Hope Clinic for Women  
Attn: Bookkeeping  
1810 Hayes Street  
Nashville, TN 37203



For designated gifts, write out our whole name, Hope Clinic for Women. For United Way of Metro Nashville, enter the code 7010.

I would like to make a donation of \$  OR a pledge of \$  per yr for  yr(s).

☐ Please bill me & I will pay by check ☐ ONE TIME ☐ MONTHLY ☐ QUARTERLY ☐ ANNUALLY  
☐ Please charge my credit card ☐ ONE TIME ☐ MONTHLY ☐ QUARTERLY ☐ ANNUALLY

Name on card

Visa/MC/AMEX #

Exp.

VIC

☐ Please contact our Business Manager for an automatic bank draft: (615) 329-2166.  
☐ Money enclosed (Please make checks payable to: Hope Clinic for Women).

Name

Address

City

State

Zip

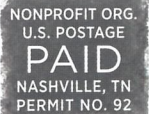
Phone

Email

You can also log onto [www.hopeclinicforwomen.org](http://www.hopeclinicforwomen.org) to make a contribution on our secure website. Your gift is tax deductible.



1810 Hayes Street  
Nashville, TN 37203  
[www.hopeclinicforwomen.org](http://www.hopeclinicforwomen.org)



## HOPE CLINIC BY THE NUMBERS:

**1,200+**

Clients served onsite  
(totaling 3,300+ visits)

**3%**

Total operating costs  
that are covered by  
client fees

**11,000+**

People reached in the  
community

**300+**

Babies born this  
past year through  
Hope Clinic

## CLIENT SURVEY RESULTS:

Felt they were treated with respect & honesty	100%
Would refer Hope Clinic to a friend	100%
Would return for follow-up visits	100%
Felt more informed of their options	100%
Would make healthier life choices	98%

"Our visit to Hope Clinic was very calming and reassuring. We were very well informed by the time we left and a little more comfortable with our situation."

