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Please detach this form & mail to:

Hope Clinic for Women Attn: Bookkeeping 1810 Hayes Street Nashville, TN 37203

\square I would like to give monthly to sustain the ministry of Hope Clinic: \bigcirc \$25 \bigcirc \$50 \bigcirc \$100 \bigcirc \$					
☐ I would like to give a one-time support in the amount of \$					
FULLFILLMENT:	O Check Enclosed (made payable to: Hope Clinic for Women) O Auto Bank Draft (contact our Business Manager at 615.329.2166) O Give/Setup Monthly Gift online at www.hopeclinicforwomen.org/SummerStories2020/ O Charge my Credit Card (info below) Name on Card				
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All donations are tax deductible. Receipts will be mailed or emailed.

HOPE CLINIC for women

1810 Hayes Street Nashville, TN 37203 www.hopeclinicforwomen.org

ELECTRONIC SERVICE REQUESTED





Summer is nearly over, but our summer client stories are as beautiful as ever! Visit the link to below to see and read inspiring stories from Courtney, Jiah & Demetrius, and Shaletha. These women and men are bursting with hope.

"I was treated how every woman wishes to be treated during a visit. I was able to be open and honest in my communication without the sense of judgement. The staff made me feel safe comfortable and confident"—Client, July 2020

www.hopeclinicforwomen.org/ SummerStories2020/



Established in 1983, Hope Clinic for Women is a faith-based safe and confidential place equipping women, men and families dealing with: unplanned pregnancies, access to women's healthcare, prevention education, pregnancy loss and postpartum depression. We provide medical care, professional counseling, education classes, case management, mentorship and practical support regardless of age, race, religion or ability to pay.



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A Letter From Our CEO

WHAT AN INCREDIBLE YEAR THIS HAS BEEN!

Wow. When I look at the Winter Newsletter written before our incredible Roaring 20s themed, incredibly successful and FUN Gala I cannot believe how different the world is five months later. None of us have experienced this widespread of a global experience reaching our medical, economic, political, racial and faith communities. *Everyone* has been impacted in some way. In many ways, everything has changed. In other ways, some of our core needs, issues, concerns and hardships remain.

I have shared this on social media, emails and donor letters but it deserves hearing again. *Hope Clinic remained OPEN the entire time these past months. Our care IS essential.* Yes, we had to pivot immediately. We were able to do so for a few reasons. 1) We have three incredible doctors on our Board/Advisory Board who guided our response to Covid-19 following the CDC/WHO guidelines. In the beginning this was almost daily. They devoted so much time to helping us get it right and get supplies into our hands. 2) Because of the generosity of so many of you during our special gift matching campaign last summer we had invested in much needed hardware, software, and online subscriptions that have become critical in this virtual world. 3) We had

been preparing (and gently pushing) both volunteers and clients to go virtual for the last couple of years realizing it would help deal with issues like traffic, lack of transportation, lack of childcare and us simply running out of space onsite. Thankfully our protocols were already written.

On the inside pages you will read about our recent client numbers, events coming up (both live and virtual) and volunteer needs we have. Please read through and see how you can respond.

I am grateful for so many things, but I am most grateful that so many of you have already responded to the call for financial resources. This season has been humbling for me. We have met or exceeded financial goals for over 10 years. And yet, in two short months we were behind by 10% (approximately \$100,000). We close our books September 30th and thanks to you, we are getting so close to finishing with a balanced budget but we need others of you (who are able) to step up in the next six weeks and do your part for us to finish strong. We need you. We are in this together.

In a season where the media is reporting—and some of us are impacted by—death, remember Hope Clinic is about LIFE. Every single day a new life is born that would not have been born without all of us.

May God's Abundant Peace blanket us for the rest of the year,

Rener Riggo

Renée Rizzo, President/CEO rrizzo@hopeclinicforwomen.org



THANK YOU TO OUR BUSINESS EVENT SPONSORS

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UPCOMING EVENTS



CIDER CAROLS

Thursday, December 3rd ROCKETOWN (DOWNTOWN)

We are preparing to offer **both in-person and virtual options** for this event! But rest assured—the sweetness, festive fun, and amazing auction items will still be happening! Whether you join us in-person or tune-in from your home, we will feature performances from local musicians, client stories, and a virtual silent auction with over 100 items! You can get something for every

person on your list – and all proceeds support the women and families we serve every day at Hope Clinic. Tickets go on sale October 1st, 2020, but mark your calendars now!

Tickets: www.hopeclinicforwomen.org/events#/cidercarols/



HOPE CLINIC DINNER PARTIES ONGOING AT YOUR HOUSE

Want to share our ministry with your friends or learn more yourself, but not ready to attend a live event? We would love to come to you! Please consider hosting your friends out of your home for dinner and we will bring two staff persons to bring the love and warmth of Hope Clinic to you including client stories!

These events can be designed to fit your needs as it pertains to timing, food, and space. Our CEO has done dozens of these in the past and guests have found them fun and insightful!

If you are interested in learning more, please email or call Kailey at kcornett@hopeclinicforwomen.org, 615.627.2791

SAFE VOLUNTEERING AT HOPE CLINIC

Not only do we offer virtual volunteer opportunities, but we also have made all onsite volunteering safe and socially distanced. It has never been more important for our volunteers to help provide support and hope in a time of scarcity and fear. **Below are our top two volunteer needs in this season.**

PREGNANCY MENTORS (NEED WOMEN & MEN) One of the most critical volunteer roles we have at Hope Clinic is the Pregnancy Mentor. We have 100-150 women in our pregnancy program ready to be mentored. **We need 50 NEW mentors.** Mentors serve as a cheerleader and coach for our pregnant clients, offering support and steadiness during a time filled with change and challenges. We need women and men! When fathers are ready to be involved, we want to have a male mentor for them. We promise you do not need to be a social worker or a therapist (there are staff who cover that!)

- Commitment: 2 mentor sessions (typically one hour)/month
- Setting: Virtual (via video chat/call or offsite)
- Need: 50 women, 25 men

GROUP VOLUNTEERING Is your small group or homeschool class looking for ways to volunteer but unsure how to do so right now? Sign up for one of our group volunteering opportunities!

Contact Megan Snell at msnell@hopeclinicforwomen.org for upcoming projects and dates.

Don't know where to begin? It is ok! Sign up for our Introduction Class!

INTRODUCTION TO HOPE CLINIC Tune in to learn about Hope Clinic's foundation and history, current vision and services, and key financial information from our CEO. Then take a virtual tour of the clinic with our Outreach Manager, seeing where we serve our clients while hearing about volunteer opportunities. We finish with Q&A and you'll receive a digital volunteer application.

For the full schedule, visit www.hopeclinicforwomen.org/get-involved/volunteer

CLIENTS SERVED: THIRD QUARTER UPDATE (OCTOBER 1- JUNE 30):

NEARLY 500

pregnant women have walked in our doors since October 1st for care; with record numbers in the last 5 months.

- 80% return for follow up care and 80% chose life for their child
- Over 70% have entered Bridge
 Program giving them access to free medical care, professional counseling, education classes, case management, and mentoring in exchange for FREE maternity and baby items up to baby's first birthday.

NEARLY 300

received medical care (well women exams, problem visits, std testing)

NEARLY 800

students completed our education program and over 85% showed understanding and support of the material presented.

NEARLY 100

women have come in for pregnancy loss, postpartum depression or related women's issues counseling.

45 TOTAL

pregnancy and medical care services were provided on our Mobile Unit since January (closed mid-March to mid-May)

PA SUPPORT GROUP AND RELATIONSHIP EDUCATION PROGRAM



UNCOVERING HOPE: PA SUPPORT GROUP If you or a loved one have experienced an abortion, we at Hope Clinic want you to know here is a safe and confidential place for you to find hope and healing. You made a tough choice. At the time, there were reasons that made it seem like the right decision. Your life was forever changed. Maybe you told someone or maybe you've carried this secret and are still carrying feelings of guilt, shame, and loss. We are here to help no matter where you stand on this topic as many of you may have range of feelings and viewpoints on this.

Uncovering Hope is a bi-monthly support group comprised of other women like you and led by a post abortive survivor and a female licensed therapist. You are not alone. No matter where you are in your healing journey, there are others ready to walk alongside you. This free and confidential group meets the second and fourth Wednesday of every

month. We'd love to have you join us whenever you are ready (groups are currently held online until it is safe to meet in person).

www.hopeclinicforwomen.org/uncoveringhope



RELATIONSHIP EDUCATION PROGRAM INFORMATION Across states, fewer than half of high schools (43%) teach key CDC topics for sexual health education. During this time of anxiety and isolation having the skills to develop healthy relationships and avoid sexual risk are crucial to students' development.

Hope Clinic for Women provides free Sexual Risk Avoidance education to middle schoolers, high schoolers, parents and teachers (and other youth leaders). Our team of certified facilitators will provide this evidence-based education aligned with TN state standards for you—all you need to do select one of the in person, online, or hybrid programing options we have crafted. No matter what learning looks like this year for you and your family, we have a format that will work for you.

Hope Clinic's suite of Relationship Education programs are based on The Center for Relationship Education's REAL Essentials suite of curricula and start from a point of knowing each individual's worth and value and homing in on the participant's intrinsic motivation for making healthy choices in line with their values and future goals. Through medically accurate information, data-driven and evidence-based curriculum and engaging

classes, Hope Clinic equips and educates students to have thriving relationships by avoiding sexual risk and creating healthy boundaries.

Student programming educates teenagers regarding sex, intimacy, sexually transmitted diseases, unplanned pregnancies, healthy relationships, setting boundaries, technology in relationships and the influence of the culture on decision-making. We strive to create a safe place for tough questions regarding tough topics in the classroom.

Whether your child is in public, private, charter, faith-based, or homeschooled, our program works. If you want to bring this program to your school, church, or neighborhood, please contact us! www.hopeclinicforwomen.org/RelEd



