

# SIMA'S STORY

A Life Changed by Hope

*this is your moment.*

---



# moments of care



Life is made up of big moments, small moments, and all of the ones in between. At *Hope Clinic for Women*, we have the honor of walking alongside women in the moments where they are scared, unsure, and often without resources.

We are here for the moments of intervention in big decisions, support, empowerment, and seeing families grow and thrive. Sima and Hamid's story is a testament to how these moments matter, how these moments add up to a life.

We have the honor of walking alongside women in the moments when they are scared, unsure, and often *without resources.*



## Sima's Story

My husband and I moved from Iran to the United States in 2005, when I was five months pregnant. We came in April, and my first baby, Ryan, was born in October. At that time, my husband worked night shifts, and I worked during the day. We decided to buy a house and move from the small apartment we were in to give our son a better home. Even though our loan was approved for the house, financial difficulties had a long-term effect on us.



When Ryan was six months old, I found out I was pregnant again. I was so very scared. I thought to myself, "How could I keep my job with two babies? How would we afford a new mortgage if I didn't work? If I lose my job, I don't know how we could afford to pay the rent on our current apartment." I was so frustrated. I told myself that the only solution was to terminate my pregnancy.



## A MOMENT OF FEAR



HOPECLINICFORWOMEN.ORG



Then, a moment of intervention that would change the trajectory of my decision happened as I talked to my friend Christina. She told me, “Don’t worry about the baby. There is a place that can help you.” I said, “Really? But I want to get rid of the baby.” When she asked why, I said, “Because if I keep this baby, I can’t work and provide for my family. I would lose my job sooner or later.” She insisted, “I know a place that can help. Go to Hope Clinic and talk to them – you will have more options.”

She told me,  
“Don’t worry  
about the  
baby. There  
is a place  
that can help  
you.”

## a moment of intervention

“I decided to go to Hope Clinic.”

So, I decided to go to Hope Clinic. When I arrived the first time, it seemed very peaceful and like a church for me. A beautiful and nice lady asked me why I was there. At first, I was too stressed to talk about my situation. But she was kind, so I eventually told her my story. After talking a while, she said, “If you don’t want to parent this baby, you can place him for adoption.” I said, “If I place him for adoption, will I be able to see him regularly?” She told me honestly, “Not regularly.” I said, “No ma’am. If I give birth to him, I cannot give him to another family.” It was that moment that affirmed my decision to keep my baby.

She held my hand and said, “Let’s pray.” So we did. In front of the cross, she said, “Jesus, Sima is here. Please help her make the right decision.” At that moment I felt something next to me, which must have been an angel. The lady called a nurse to run the pregnancy test and made sure I was pregnant. They offered me an ultrasound, and I found out I was about two months along. They said to me, “Come back, and we will give you all the things you need for your baby. Anytime you need something, just call us. You will not be alone.” God used Hope Clinic and their staff to intervene and affirmed in me to not only keep the baby, but assured me I would have support afterwards.

When I came home, I was still disappointed and stressed. I was not sure how everything was going to work out even though I knew I wanted to keep the baby. It was in that moment that God intervened another time.



*this is your moment.* ❤️





“Good news! We can keep the baby.”



“I wanted to call that lady an angel.”

When my husband came home, he said, “Good news! We can keep this baby. I talked to one of my friends, and he found a solution. I can work two jobs. I can work full-time during the week, and part-time during the weekend. This way, you can stay home and take care of our children.” I instantly praised and thanked Jesus. That lady had prayed for me to make the right decision, and this was confirmation of that.

The next time we went to Hope Clinic, I knew I was having a boy. They took us downstairs to the maternity store and we received everything needed for the baby and for me (new clothes, bottles, diapers, a twin stroller). They said that in the future everything we’d need for the baby will be at the clinic for us to pick up. I wanted to call that lady an angel!

When I talk about Hope Clinic, I can’t hold back my tears. At that time, buying this kind of stuff was so expensive for us. So I promised to myself that when we were financially stable, I would give back to the Hope Clinic. I told myself we would buy new stuff and donate it back one day... and now, it’s our moment!



“AND NOW, IT’S  
OUR MOMENT!”

Sixteen years later, we are able to donate as much as we can to moms and dads just like me to empower other families in the big and small moments.

I’ve been a hair stylist at Great Clips for about six years now, and my husband is a used car dealer and owns his own business. Ryan is 16 and in 10th grade at Ravenwood High School. Rod will be 15 this January and is in 9th grade. We live in Brentwood as one happy family because Hope Clinic was there in the small moments, big moments, and all the others in between that gave life to my second son.

Thank you, thank you, thank you Hope Clinic!

*this is your moment.* 

When you give to Hope Clinic, you are making life-changing moments happen for 2,400 women and their families. These moments aren’t possible without you! This is your time to be present for the moments that matter most.

give today to support women in crisis

[WWW.HOPECLINICFORWOMEN.ORG/MOMENTS](http://WWW.HOPECLINICFORWOMEN.ORG/MOMENTS)

Hope Clinic offers a range of comprehensive services to serve clients dealing with a variety of issues including physical, clinical, emotional, practical, and spiritual needs. Our services include:

#### Pregnancy

- Initial consultation: pregnancy tests, options counseling
- Follow-up care: 1st prenatal ultrasound, education, resources
- Bridge program: case management, material assistance, mentorship, counseling, education

#### Prevention

- Well-woman exam and related problem visits (STI, etc)
- Relationship Education for youth, parents, educators, youth leaders
- Adolescent medical consult

#### Counseling

- Post-abortion support group
- Pregnancy loss (miscarriage, stillbirth, infant death)
- Postpartum depression (PMADs)
- Healthy relationships



a Safe Place for Tough Choices

Hope Clinic for Women

1810 Hayes Street Nashville, TN 37203 | 615.321.0005  
hopeclinicforwomen.org