



STRONGER

Ashley's Story

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Johnny and I met in true movie fashion. He was a groomsman, I was a bridesmaid, and we walked down the aisle together for a mutual friend's wedding. Even though we had dozens of friends in common, we'd never met.

We instantly hit it off.

Johnny was living in Florida finishing up his Biology degree, and I was living in Nashville working to launch my own company. Both of our lives were consumed with reaching our personal goals while visiting each other on available weekends. Everything was so fresh when just a few weeks in -

I found out I was pregnant.

The evening I took the test, I immediately called my best friend who lives in Cincinnati.

We talked on the phone for hours and researched clinics in the area.
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She drove down from Ohio, and we called clinics all morning trying to find one that could see me that day. I needed to confirm the pregnancy immediately because Johnny was coming to visit the following day.

If this was real, I had to tell him when he arrived.

I was consistently told that no one could take me for several weeks. After a few hours of trying, I received a call back from Kristin at Hope Clinic. Finally getting a warm voice on the phone brought all my emotions to the surface. I broke down in tears as Kristin said they would fit me in right away for a pregnancy test. When I arrived at Hope Clinic, I was taken to a small counseling room where I met with Kristin.

We talked through my story and the anxiety, fear, and stress I was experiencing.



They confirmed my pregnancy and were gracious enough to give me an ultrasound to establish my gestational age, which was only 4 weeks.

We talked for nearly three hours that day.

She helped me work through how I could break the news to Johnny and gave me information on all of the services that Hope Clinic offers.

Telling Johnny honestly went better than I could have hoped.

He was immediately happy and supportive of the pregnancy, and he was ready to do whatever was needed to make things work for our future child. In his mind, while the timing wasn't perfect, he knew this was his chance to be a dad, and he knew he loved me.



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The stress of the pregnancy, our new relationship, and moving in together proved to be really hard on both of us. We weren't communicating well and were trying to figure out how to navigate a lot of big steps in a new relationship. There was so much love, and we were both so committed to making things work, but we were having trouble understanding each other.

We signed up for the Bridge program at Hope Clinic and started weekly counseling sessions with Alicia.

Alicia spoke truth into our relationship and helped us voice our emotions clearly and lovingly.

Johnny and I have such a strong relationship,

and we must credit some of that to the tools that were provided during our counseling sessions.



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Hope Clinic also afforded us countless opportunities related to my pregnancy and our son.

I received my initial checkup,

physician referrals, general advice, so many classes, and several baby items from the Clinic.

Outside of our weekly counseling, we took classes on car seat safety, safe sleep, what to expect in labor & delivery, and newborn care. Through this, we received items varying from diapers, to clothes, to a brand new car seat.



This helped us so much,

knowing that the items we were getting from the clinic were safe, and we could check them off our list of things to do or buy.

When Kai, our son, was born, we sent photos to Alicia the next day because we felt so close to her after all of the help she has provided to our family. The staff members at Hope Clinic feel like our friends.

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We are stronger and more than prepared for this step in our lives.

We feel so loved and welcomed every time we walk in the door. Working with them through the duration of my pregnancy was vital to our success in our home, our relationship, and as parents.

Kai is truly the light of our lives.

We are so lucky to have him and all the help and guidance we were granted at Hope Clinic. We are stronger and more than prepared for this step in our lives, and Hope Clinic played a huge role in our journey.



Give today 



Scan here to listen to Ashley and Johnny tell their story!



Hope Clinic offers a range of comprehensive services to serve clients dealing with a variety of issues including **physical, clinical, emotional, practical** and **spiritual** needs.

Our services include:

Pregnancy

- Initial consultation: pregnancy tests, options counseling*
- Follow up care: 1st prenatal ultrasound, education, resources
- Bridge program: case management, material assistance, mentorship, counseling, education

Prevention

- Well-woman exam and related problem visits (STI, etc)
- Relationship Education for youth, parents, educators, youth leaders
- Adolescent medical consult

Counseling

- Post-abortion support group
- Pregnancy loss (miscarriage, stillbirth, infant death)
- Postpartum depression (PMADs)
- Healthy relationships

*We do not perform or refer for abortions.



a Safe Place for Tough Choices

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hopeclinicforwomen.org