



HOPE
CLINIC
for women

a Safe Place for Tough Choices

2021-2022
YEAR IN REVIEW





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Kailey Cornett

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Community Partners

An Annual Report from our 2021-2022 Fiscal Year
October 1, 2021-September 30, 2022

Dear Champions,

The world is different since the last annual report you may have read. Yet in some ways, nothing has changed. The Dobbs decision that was released in June of this past year has sent waves across our nation and resulted in Tennessee's life-affirming legislation to take effect. For many, the world feels completely different, but when people ask me, "How does this change affect Hope Clinic?" my answer is the same: Hope Clinic continues to provide high quality healthcare, counseling, education, and support for women facing an unplanned pregnancy. We continue to remove obstacles in the way of her choosing life. What we have observed, with 40 years of experience at our backs, is all the reasons a woman considers an abortion still exist. That is why we must press on. We must press on into deeper waters.

I'm grateful for the renewed vigor around Middle Tennessee and the nation for what some have coined the "pro-life safety net" -- organizations like us that are here to catch women now in states like Tennessee. We are strengthening our community partnerships with other organizations who may not even realize they are part of this safety net: housing assistance programs, food banks, job readiness programs, childcare facilities. It will take all of us because it has always taken all of us.

I'm excited to share this annual report with you that highlights the consistent work we were able to achieve this year. One particularly exciting area of growth was our relationship education program. We grew from serving just over 600 students in 2020-2021 to serving 2,400 participants this past year! I am even more excited to dream with you about the next 40 years at our anniversary Gala coming up on March 23rd. Nashville needs more from us, and we want to dream creatively about what that could mean and how we can rise to the occasion with all of our services.

Thank you to our supporters that made this incredible year possible and set us up for success for the years to come! Let's continue dreaming together!

With gratitude,



Kailey Cornett
CEO

kcornett@hopeclinicforwomen.org



Since 1983, Hope Clinic for Women has been a safe and confidential place for women (and men) who need hope and real help regardless of age, race, religion or ability to pay.

OUR MISSION

Established in 1983, Hope Clinic for Women is a faith-based safe and confidential place equipping women, men and families dealing with: unplanned pregnancies, access to women's healthcare, prevention education, pregnancy loss (miscarriage, stillbirth, infant death, failed IVF/Adoption and abortion) and postpartum depression. We provide medical care, professional counseling, education classes, case management, mentor-ship and practical support regardless of age, race, religion or ability to pay.

"It was really compassionate and thorough and my husband and I got to ask a lot of questions. We felt so cared for and really felt God's presence there."



OUR SERVICES

PREGNANCY

Pregnancy tests, pregnancy options counseling*, 1st prenatal visit ultrasound, access to our Bridge Program, including mentoring, counseling, prenatal and parenting classes, referrals to partner agencies, and material assistance (diapers, wipes, accessories, etc). Provided free of charge.

**We answer questions and educate people on abortions, but we do not perform or refer for them.*

WOMEN'S HEALTHCARE

Women's full annual well visit (breast exam, pelvic exam, pap smears, STD testing) and all related problems (STD, yeast infection, blood test, irregular bleeding, etc.). Provided at a nominal fee.

PREVENTION EDUCATION

Our staff are certified Sexual Risk Avoidance Educators who educate on healthy relationships, self-esteem, boundaries, consent, STDs, abstinence and more. Geared to middle/high school, college students and youth leaders. Provided free of charge.

COUNSELING

Pregnancy loss (miscarriage, stillbirth, infant death, failed IVF, and failed adoption), Post-abortion, Peripartum Mood Disorders (PPD, PMADs), related relationship issues (unhealthy relationships, sexual addiction, and pornography). Provided on a sliding scale.

"We are very thankful we found this place. A light in the dark."

OVERALL OUTCOMES

Nearly 1,400

Clients served
onsite and 2,400
served offsite

97%

Total operating costs
that are covered
by donations
(3% client fees)

525+

Babies born this past
year through Hope
Clinic (25% increase)

PREGNANCY SERVICES

"Everyone was absolutely kind and caring from the receptionist to the counselor to the nurse. This is my first child, so I was a bit nervous and they helped cure all of that. I would recommend them to anyone who would listen."

"I am new to Nashville and upon suspecting I was pregnant I was overwhelmed with where to go to confirm my pregnancy. I found Hope Clinic on google and was extremely happy that I came across this wonderful clinic. They not only provided exceptional service and care in confirming my pregnancy, they made me and my partner feel very comfortable and gave me some very valuable information regarding insurance and OBGYNs that would work for me. Everyone was very kind and my first experience in an office for a pregnancy was perfect!"



856

Women came in for initial
pregnancy testing and counseling

- 55% of these women reported having no medical insurance
- 98% felt more informed of their choices after their first visit
- 78% of positive test clients came back for follow up ultrasound visits/care;

For those coming back for follow up care:

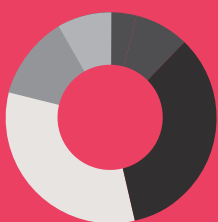
-85% of those women choose life for their child

-57% were active in the Pregnancy Bridge Program. This allowed them access to free (onsite and online) counseling, case management, education classes, and spiritual mentorship in exchange for material assistance

-97% of these women felt better educated and more equipped about pre/post-natal care

-22 clients graduated from the program

DEMOGRAPHICS



Age Range

- Under 19 | 10%
- Ages 20-24 | 30%
- Ages 25-29 | 30%
- Ages 30-34 | 18%
- 35 and older | 12%



Ethnicity

- African American | 44%
- Caucasian | 30%
- Hispanic | 19%
- Other | 7%



Client Earnings

- <\$14,000 | 47%
- \$15-29,000 | 22%
- More than \$40,000 | 17%
- \$30-39,000 | 14%

WOMEN'S HEALTHCARE

"Such a safe place full of wisdom around the women's body and health. Would recommend this place to any and everyone."

322

Women received quality, women's healthcare (annual exams, paps, std testing, problem visits, etc.)

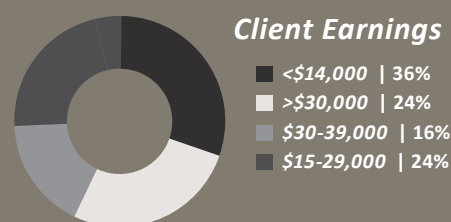
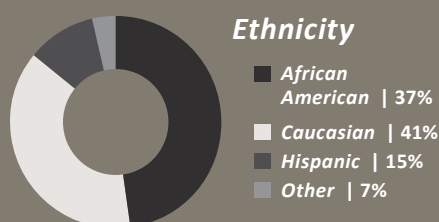
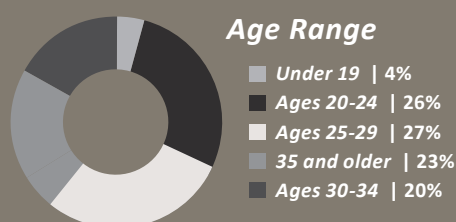
64%

Of these women reported having no medical insurance

97%

Expressed that they significantly increased their general knowledge of women's health, risk factors, and healthy habits

DEMOGRAPHICS



99% felt treated with respect, 97% would return for future services; 97% would refer a friend

PREVENTION EDUCATION

"I felt comfortable talking about topics that I have a hard time talking to my parents about."

2215

Students, 175 parents, and 24 teachers at 20 schools and agencies (St. Bernard Academy, Franklin Road Academy, Nashville Christian, Wright Middle, Boys and Girls Club of Middle TN, Otter Creek Church of Christ, Ezell-Harding, Hillwood, YQuest, East End Prep, RePublic High, LEAD, KIPP, YCAP Robertson, Saint Henry's) received our in-depth sexual risk avoidance education.

- 97% felt treated with respect
- 95% felt more able and equipped to speak to a trusted adult about sex and health relationships
- 93% felt better equipped to resist the pressures to have sex
- 85% committed to abstinence

COUNSELING

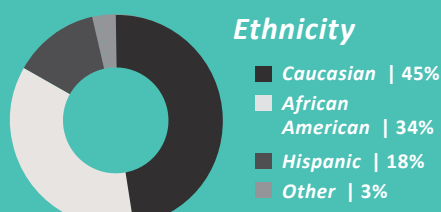
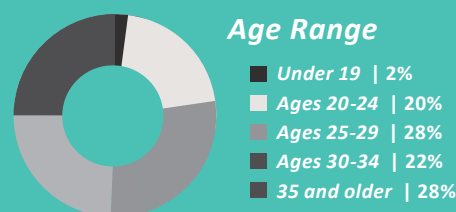
"I have never had such a great therapy experience."

186

Women and men came in for pregnancy loss, postpartum depression, or other related women's and couples' issues completing over 750 sessions.

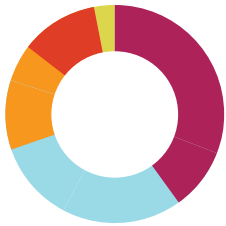
- Our online post abortion recovery group grew exponentially by serving 60 unique participants (140% increase!)
- 100% of patients said they were better able to cope with their mental health concerns and made progress towards their goals.

DEMOGRAPHICS



99% felt they were treated with respect, 97% would return for future services; 97% would refer a friend

FINANCIALS



- **Businesses/Individuals** | 39%
- **Family Foundations/Grants** | 35%
- **Fundraising Events** | 16%
- **Churches** | 8%
- **Client Fees** | 2%

ADDED 67

New monthly givers at an average of \$61/month

\$75,458

In donated maternity and baby items and an additional \$106,550 of in kind medical and event donations

1,175+

Unique donors

4,330

Volunteer hours donated, valued at \$129,743

HIGHLIGHTS FROM THE YEAR

- Significant improvements were made to our exam rooms, exterior and interior security.
- Investments were made in our leadership team through outside training, vision planning, and operational organization.

PARTNERS IN THE COMMUNITY

AGENCY/COMMUNITY ORGANIZATIONS

- ACE Nashville
- Agape
- Alignment Nashville
- Attached Parenting
- Bethany Christian Services
- Book'em
- Catholic Charities
- ELI's House
- Ella's House
- Embrace Grace
- Faith Family Medical Center
- Family & Children's Service Nashville
- FIMR Bereavement Conference
- Hispanic Family Foundation
- Homeland Heart Birth & Wellness Collective
- Matthew Walker Clinic
- Mother to Mother
- Nashville Public Library
- Nashville Center for Empowerment
- Neighborhood Health
- Nurture the Next
- People Loving Nashville
- Rescue 1 Global
- Siloam Family Health Center
- A Step Ahead
- St. Thomas House
- The Center for Relationship Education
- The Next Door
- ThriftSmart
- Urban Housing Development

- Vanderbilt Birth Center
- Vine Hill – Connectus Health
- YWCA

CHURCHES

- 5 Stones Church
- Antioch Church of Christ
- Ascension Lutheran Church
- The Belonging Co.
- Brentwood Baptist Church
- Brentwood United Methodist Church
- Charlotte Road Baptist Church
- Christ Covenant Church
- Christ Presbyterian Church
- Christ the King Catholic Church
- The Church at Avenue South
- Clearview Baptist Church
- Cofer's Chapel
- Cornerstone Presbyterian Church
- Covenant Presbyterian Church
- Edgefield Church of Nashville
- First Apostolic Church
- First Presbyterian Church of Nashville
- Forest Hills Baptist Church
- Franklin Vineyard Christian Fellowship
- The Gate Community Church
- Glen Leven Presbyterian Church
- Grace Center
- Grace Chapel
- Grace Community Church
- Holy Family Catholic Church
- Middle Tennessee Chinese Church of Christ

- Nashville First Baptist Church
- Otter Creek Church of Christ
- Parish Presbyterian Church
- Providence Baptist Fellowship
- Rock of Ages Evangelical Lutheran Church
- Saint Henry Catholic Church
- Saint Ignatius Orthodox Church
- Saint Stephen Catholic Community
- St. Ignatius Antiochian Women
- The Village Chapel
- The Vineyard Church
- West End Community Church
- Westwood Baptist Church
- Woodmont Bible Church
- Woodmont Christian Church
- Woodmont Hills Church of Christ

UNIVERSITIES/HOSPITALS

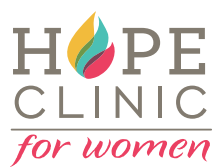
Hope Clinic partners with a dozen schools and local medical institutions.

MEMBERSHIPS

- Center for Nonprofit Management
- GivingMatters.com, an initiative of The Community Foundation of Middle Tennessee
- Mission Increase Foundation
- C12 Business Forums

Please contact us for ways to partner with your business, church, small group, book club or individually as a volunteer or donor at 615-627-2791.





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hopeclinicforwomen.org

