



HOPE  
CLINIC  
*for women*

*a Safe Place for Tough Choices*

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2022-2023  
YEAR IN REVIEW







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Kailey Cornett

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Community Partners

An Annual Report from our 2022-2023 Fiscal Year  
October 1, 2022-September 30, 2023

## Dear Champions,

We have a core belief here at Hope Clinic that each person is brought into this world with purpose. This belief has been refined through the years from grandiose history-book-altering purpose (which is often pride masquerading as purpose) to the heart of the matter: each of us are called to fulfill the Lord's Prayer of welcoming the kingdom "on Earth as it is in Heaven." You've probably heard me say this before, and if you've been in my office, you've seen the canvas on my wall with those exact words painted on it. It has become a rallying cry for me as I seek to grow the work of Hope Clinic.

I'm so energized to say that Hope Clinic is doing that and so much more. This incredible team can meet a woman in crisis, whether that is an unexpected pregnancy, an STI diagnosis, or a mental health crisis and draw them into hope. For many clients, the hope we give continues for months through education, counseling, and mentoring.

**Reflecting on this past year, we have impacted over 4,800 lives!** Thank you for making that possible not only for those initial moments of care, but also for ongoing support through our Parenting Program, Counseling Services, and Relationship Education. I recommend spending some extra time with the quotes throughout this report as each comes from a real client whose life was changed by being served by someone at Hope Clinic. These are the voices of our work.

We have big dreams for the future. We desire to see more and deeper change in this city. We desire to see more women and families understand their inherent value and purpose and learn to pass that belief on to their children and family.

I have hope for this new year rooted in the truth of scripture – let us continue to bring heaven to Earth.

With gratitude,



Kailey Cornett  
CEO

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*Since 1983, Hope Clinic for Women has been a safe and confidential place for women (and men) who need hope and real help regardless of age, race, religion or ability to pay.*



## OUR MISSION

**E**stablished in 1983, Hope Clinic for Women is a faith-based, safe and confidential place equipping women, men, and families dealing with: unplanned pregnancies, access to women's healthcare, prevention education, pregnancy loss (miscarriage, stillbirth, infant death, failed IVF/Adoption and abortion), and postpartum depression. We provide medical care, professional counseling, education classes, mentorship, and practical support regardless of age, race, religion, or ability to pay.

*"I felt taken care of in a very loving and nonjudgmental way. These ladies provided the space for me to ask any questions I needed and they exceeded my expectations!"*



*"I am so thankful I found this place. They were warm, welcoming, loving, and professional. Made me feel safe."*

## OUR SERVICES

### PREGNANCY

Pregnancy tests, pregnancy options counseling\*, 1st prenatal visit ultrasound, access to our Bridge Program, including mentoring, counseling, prenatal and parenting classes, referrals to partner agencies, and material assistance (diapers, wipes, accessories, etc.). Provided free of charge.

*\*We answer questions and educate people on abortions, but we do not perform or refer for them.*

### WOMEN'S HEALTHCARE

Women's full annual well visit (breast exam, pelvic exam, pap smears, STD testing) and all related problems (STD, yeast infection, blood test, irregular bleeding, etc.). Provided at a nominal fee.

### PREVENTION EDUCATION

Our staff are certified Sexual Risk Avoidance Educators who educate on healthy relationships, self-esteem, boundaries, consent, STDs, abstinence and more. Geared to middle/high school, college students and youth leaders. Provided free of charge.

### COUNSELING

Pregnancy loss (miscarriage, stillbirth, infant death, failed IVF, and failed adoption), Post-abortion, Peripartum Mood Disorders (PPD, PMADs), related relationship issues (unhealthy relationships, sexual addiction, and pornography). Provided on a sliding scale.

## OVERALL OUTCOMES

**Over 1,400**

Clients served  
onsite and 2,500  
served offsite

**99%**

Total operating costs  
that are covered  
by donations  
(1% client fees)

**472+**

Babies born this past  
year through Hope  
Clinic

## PREGNANCY SERVICES

*"This was an extremely pleasant experience. You can tell that this is more than a job for the staff. The people here care which makes the most impactful difference. I'm glad I came."*

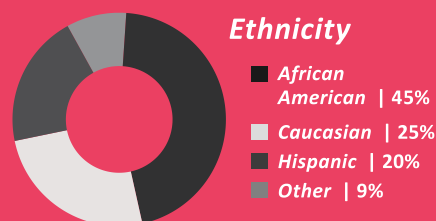
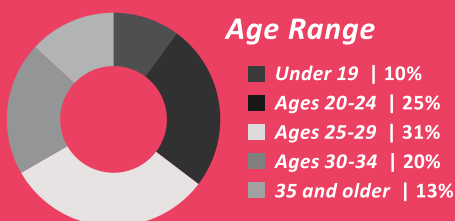
*"From the first phone call to the first visit everyone was incredibly helpful. This is my first pregnancy so I was pretty nervous but all of the ladies in the office were warm and welcoming. Filled me with a lot of helpful information for my pregnancy. I had my first ultrasound done, which went well, and got to take home pictures! I am also looking into the classes and counseling they offer which I think is amazing. Overall a relaxed, stress free, comfortable, and pleasant experience."*



**760** Women came in for initial pregnancy testing and counseling

- 55% of these women reported having no medical insurance
- 98% felt more informed of their choices after their first visit
- 82% of positive test clients came back for follow up ultrasound visits/care; For those coming back for follow up care:
  - 82% of those women chose life for their child
  - 30% were active in the Pregnancy Bridge Program. This allowed them access to free (onsite and online) counseling, case management, education classes, and spiritual mentorship in exchange for material assistance
  - 60% of clients graduated from the program!

## DEMOGRAPHICS



## WOMEN'S HEALTHCARE

*"Hope Clinic is the best women's care facility I've come across. The experience and energy here is unlike anywhere else."*

# 437

Women received quality, women's healthcare (annual exams, paps, STD testing, problem visits, etc.)

# 62%

Of these women reported having no medical insurance.

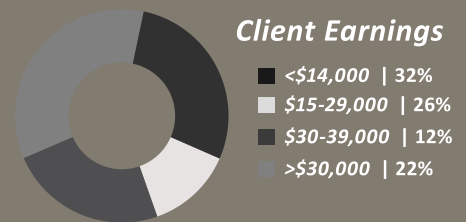
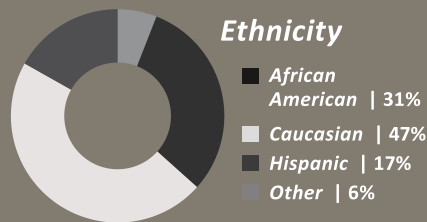
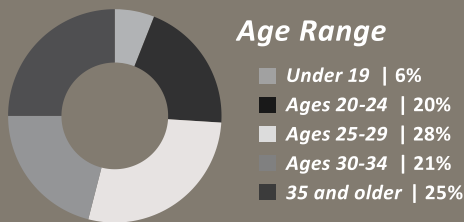
# 92%

Of these women stated that they are more likely to make healthier life choices after their visit.

# 211

Women stated that they felt more informed about their health concerns after their visit.

### DEMOGRAPHICS



99% felt treated with respect, 97% would return for future services; 97% would refer a friend

## PREVENTION EDUCATION

*"All I can say is WOW! I never knew what my children are going through. Thank you for opening our eyes to what our children go through."*

# 2550

students, 18 parents, and 95 teachers at 124 groups received our in-depth sexual risk avoidance education.

- 97% felt treated with respect
- 95% felt more able and equipped to speak to a trusted adult about sex and health relationships
- 100% of adolescent female participants were connected to a healthcare provider
- 93% felt better equipped to resist the pressures to have sex
- 85% committed to abstinence
- Provided parents with 2 church partners

## COUNSELING

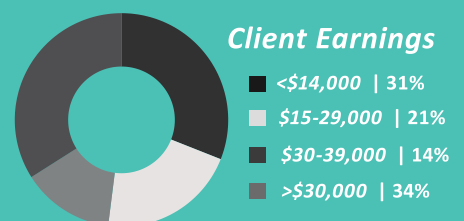
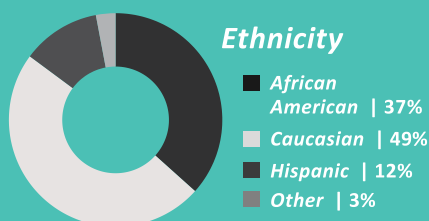
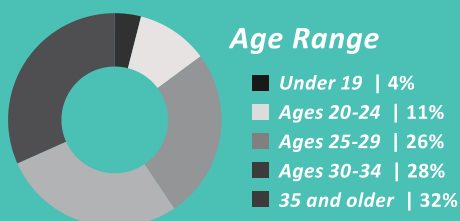
*"I didn't feel judged which I really appreciated. My counselor was extremely thoughtful, and reassuring."*

# 147

Women and men came in for pregnancy loss, postpartum depression, or other related women's and couples' issues completing over 865 sessions.

- Our online post abortion recovery group grew exponentially by serving 95 unique participants.
- 100% of patients said they were better able to cope with their mental health concerns and made progress towards their goals.

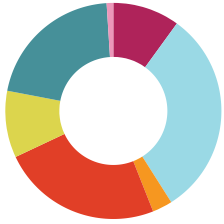
### DEMOGRAPHICS



99% felt they were treated with respect, 97% would return for future services; 97% would refer a friend



## FINANCIALS



- Grants | 10%
- Individuals | 31%
- Businesses | 3%
- Fundraising Events | 24%
- Churches | 10%
- Misc Earned Income | 21%\*
- Client Fees | 1%

\*Hope Clinic received Employee Tax Credit as a one-time stimulus for retaining employees during Covid.

## ADDED 20

New monthly givers at an average of \$61/month

## \$86,307

In donated maternity and baby items and an additional \$58,691 of in-kind medical and event donations

## 1,207+

Unique donors

## 3,509

Volunteer hours donated, valued at \$111,586

## HIGHLIGHTS FROM THE YEAR

- New flooring was added throughout the building, elevating the client experience.
- We added to our Pregnancy Services department to better engage volunteers.
- We began preparing financially for upcoming growth.

## PARTNERS IN THE COMMUNITY

### AGENCY/COMMUNITY ORGANIZATIONS

- 3534 Store
- 211
- ACE Nashville
- Agape
- Alive
- Bethany Christian Services
- Book'em
- Care3Net TN
- CarePortal
- Care Pregnancy Care Center
- Catholic Charities
- CenterStone
- Community Resource Center
- Connections Homes
- Dream Streets
- Embrace Grace
- McNeilly Center for Children
- Mercy Multiplied
- Metro Office of Family Safety
- Mercy Community Healthcare

### BUSINESSES

- Anderson Design Group
- BACAR
- BountyBev
- Eric Ross Interiors
- Fidelity Offset Printing
- HCA Healthcare
- Hisway Painting
- Homelift
- Insyte Advisors
- John Bouchard and Sons
- Krista Sells Homes
- Liesel Holcomb
- North Arrow Coffee Company
- Renasant Bank
- Southeast Financial
- Stansell Electric
- Village Bakery and Provisions

### CHURCHES

- 5 Stones Church
- Antioch Church of Christ

- Ascension Lutheran Church
- Brentwood United Methodist Church
- Charlotte Road Baptist Church
- Christ Covenant Church
- Christ Presbyterian Church
- Christ the King Catholic Church
- Cofer's Chapel
- Cornerstone Presbyterian Church
- Covenant Presbyterian Church
- Edgefield Church of Nashville
- First Apostolic Church
- First Presbyterian Church of Nashville
- Forest Hills Baptist Church
- Glen Leven Presbyterian Church
- Grace Community Church
- Holy Family Catholic Church
- Lutheran Women Missionary League
- Middle Tennessee Chinese Church of Christ
- Nashville First Baptist Church
- Otter Creek Church of Christ
- Parish PCA Inc
- Parish Presbyterian Church
- Rock of Ages Evangelical Lutheran Church
- Holy Saints
- Saint Henry Catholic Church
- Saint Ignatius Orthodox Church
- Saint Stephen Catholic Community
- St. Ignatius Antiochian Women
- The Belonging Co.
- The Village Chapel
- The Vineyard Church
- West End Community Church
- Westwood Baptist Church
- Woodmont Bible Church
- Woodmont Christian Church

### SCHOOLS

- Hillwood High School
- Wright Middle School
- KIPP Antioch College Prep Middle School
- KIPP Academy Nashville Middle School
- KIPP Nashville Collegiate High School
- Nashville Christian Middle School
- Nashville Christian High School
- LEAD Academy High School
- Franklin Road Academy Upper School

- Franklin Roach Academy Lower School
- Valor Collegiate Academy
- Valor Voyager Academy
- Valor Flagship Academy
- Ezell-Harding Upper Christian School
- Ezell-Harding Lower Christian School
- LEAD Cameron Middle School
- East End Prep School
- LEAD Southeast High School
- Saint Bernard Academy
- Saint Henry Academy

### UNIVERSITY INTERSHIPS

- Auburn University
- Belmont University
- Capella University
- Liberty University
- Lipscomb University
- Regent University
- Trevecca University
- University of Alabama at Birmingham
- University of the Cumberland
- Vanderbilt University

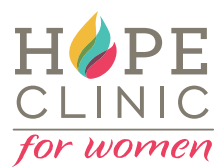
### HOSPITALS

- HCA/Tri-Star
- St. Thomas Health Services
- Vanderbilt University Medical Center
- Williamson County Medical Center

### MEMBERSHIPS

- Center for Nonprofit Management
- GivingMatters.com, an initiative of The Community Foundation of Middle Tennessee
- Mission Increase Foundation
- C12 Business Forums

Please contact us for ways to partner with your business, church, small group, book club or individually as a volunteer or donor at 615-321-4428.



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